

Tiếng Anh

i-Learn
Smart Start



Unit 5: HEALTH
CLIL - Lesson 3
Page 75

Lesson Outline

Warm-up

Reading

Writing

Speaking

Consolidation

Wrap-up

E 1. Read and circle True or False. 

FOCUS ON: How to be healthy at school in Vietnam



In our science class yesterday, we learned about how to be healthy. We learned about healthy foods and exercise. Kids should eat different foods to be healthy. We should eat lots of vegetables and fruit. We shouldn't eat fast food and pizza. And we should wash our hands before meals. All of my classmates do that at school. Children should get lots of sleep and do exercise, too. My teacher said we should do exercise every day. In my school, all the students do exercise together at break time. We also do it in P.E. class. It's really fun and good for our health!



1. Huy learned about healthy cooking in his science class. True False
2. He learned that we should eat many different foods. True False
3. Some of his classmates don't wash their hands before meals. True False
4. The students in his school like exercise before class. True False
5. Huy likes doing exercise. True False

2. Listen and read. 

F Look at  . Write about the ways you learned to be healthy. 

SGK Tiếng Anh i-Learn Smart Start

DTP Education Solutions

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G Talk about the ways you learned to be healthy. 

Objectives

By the end of this lesson, students will be able review the target language and familiarize themselves with aspect how to be healthy at school in Vietnam and practice reading comprehension.

Vocabulary: *do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much.*

Structure:

What should I do to be healthy?
You should do exercise.
You shouldn't eat fast food.



WARM UP

WHERE IS MY SKATEBOARD?

START**FOCUS ON: How to be healthy at school in the UK**

In our science class last week, we learned about health and how to be healthy. Our teacher said we should eat lots of vegetables and fruit. We shouldn't eat fast food or candy because they're bad for our bodies and teeth. And we shouldn't eat too much. My classmates like having snacks all the time, and that's bad. My teacher said we should have only one or two snacks a day. Our school has a small vegetable garden. We sometimes go there and learn how to grow food. We also sometimes go to the cafeteria and learn how to make salad or cook vegetables. It's really cool!

Peter



Peter learned about health and how to be healthy in his science class.



TRUE

FALSE



WHERE IS MY SKATEBOARD?

START**FOCUS ON: How to be healthy at school in the UK**

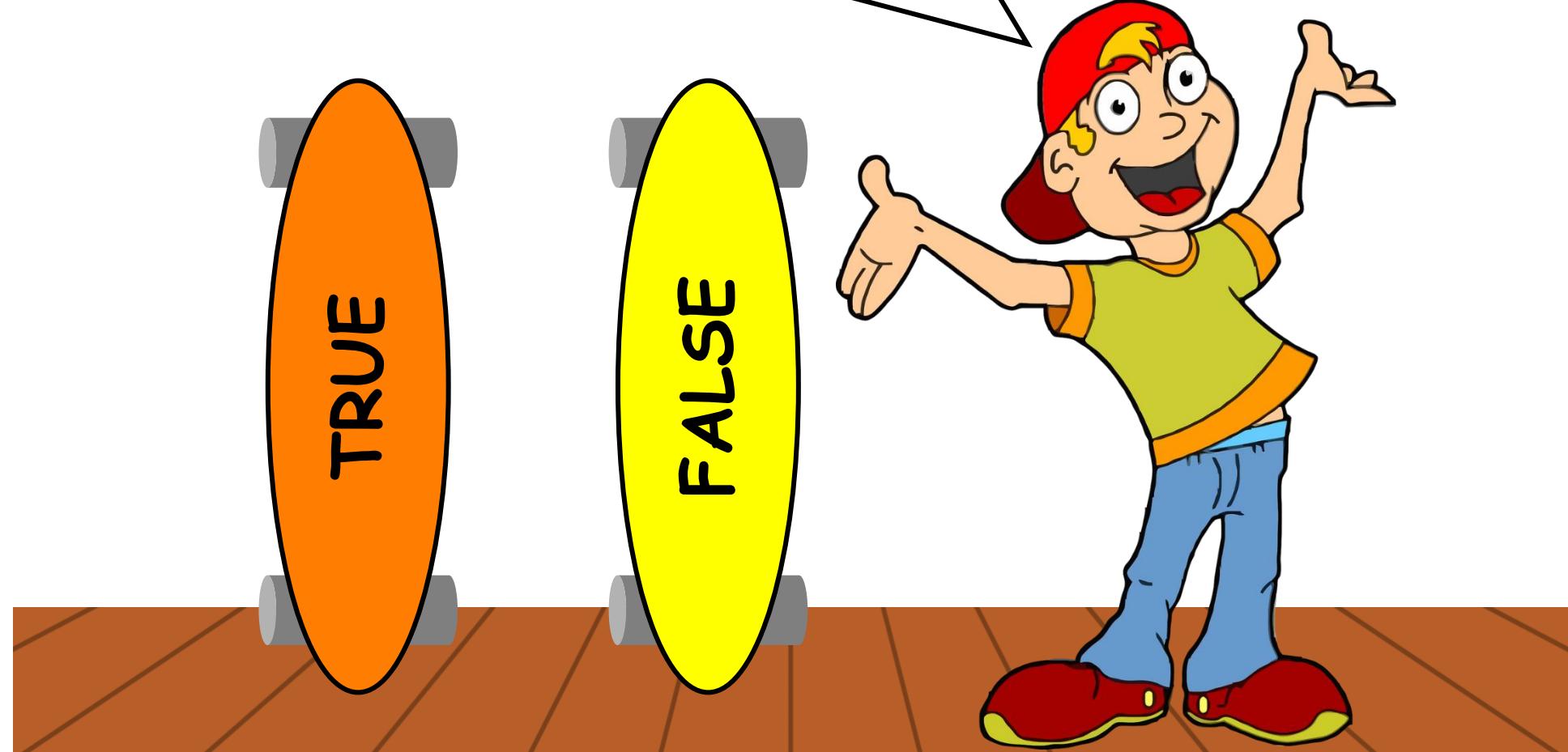
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Peter





His teacher said we should eat lots of snacks.



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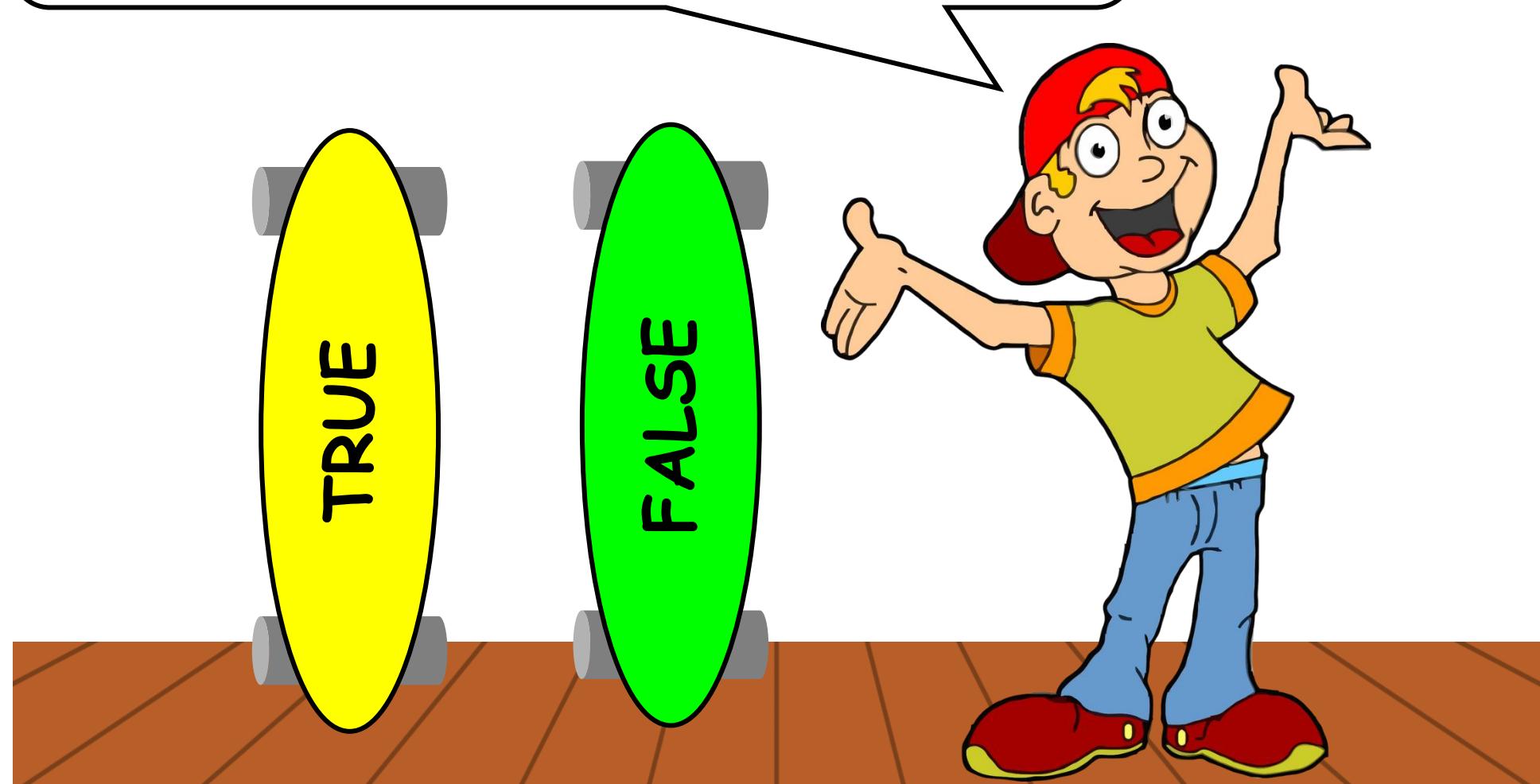
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Peter





We shouldn't eat fast food or candy.



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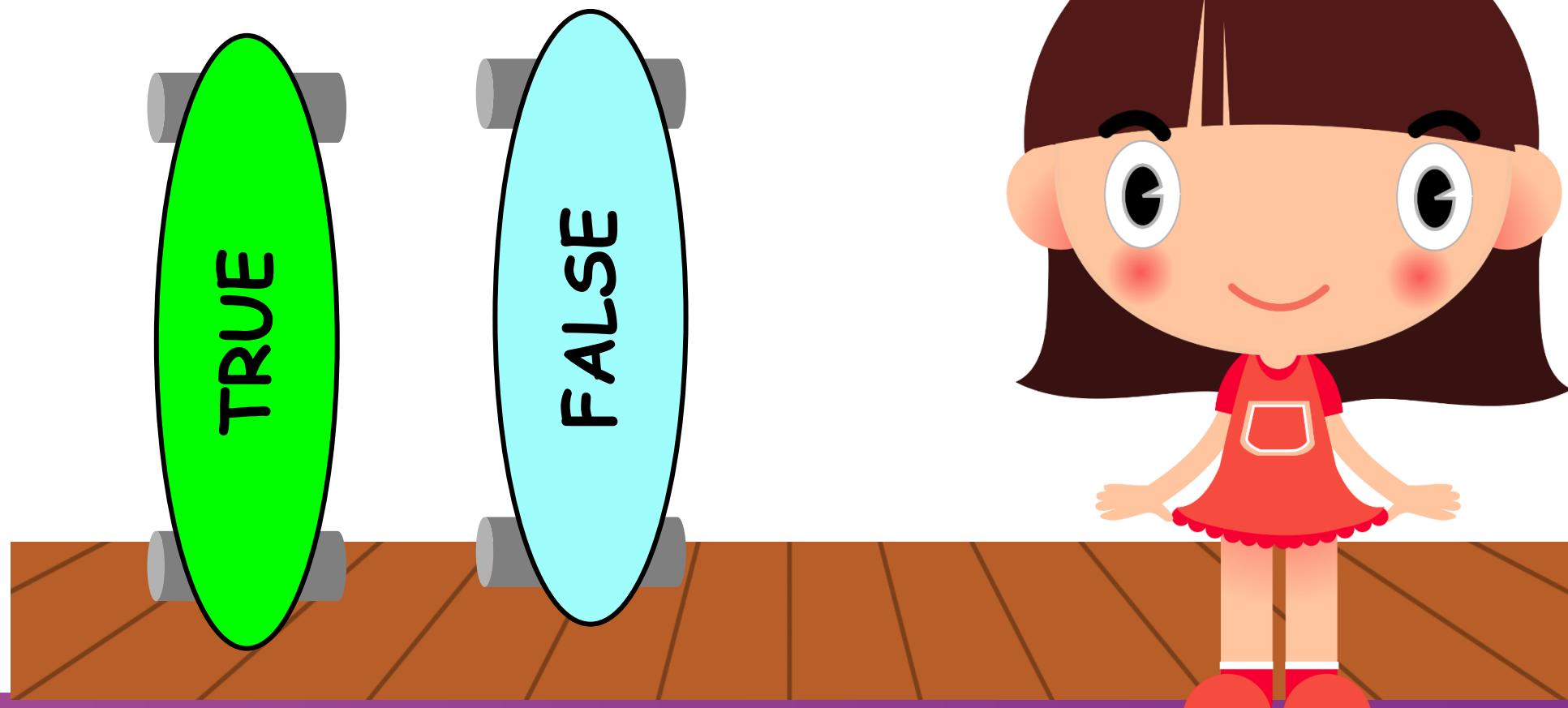
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Peter





Peter's classmates like having fast food all the time.



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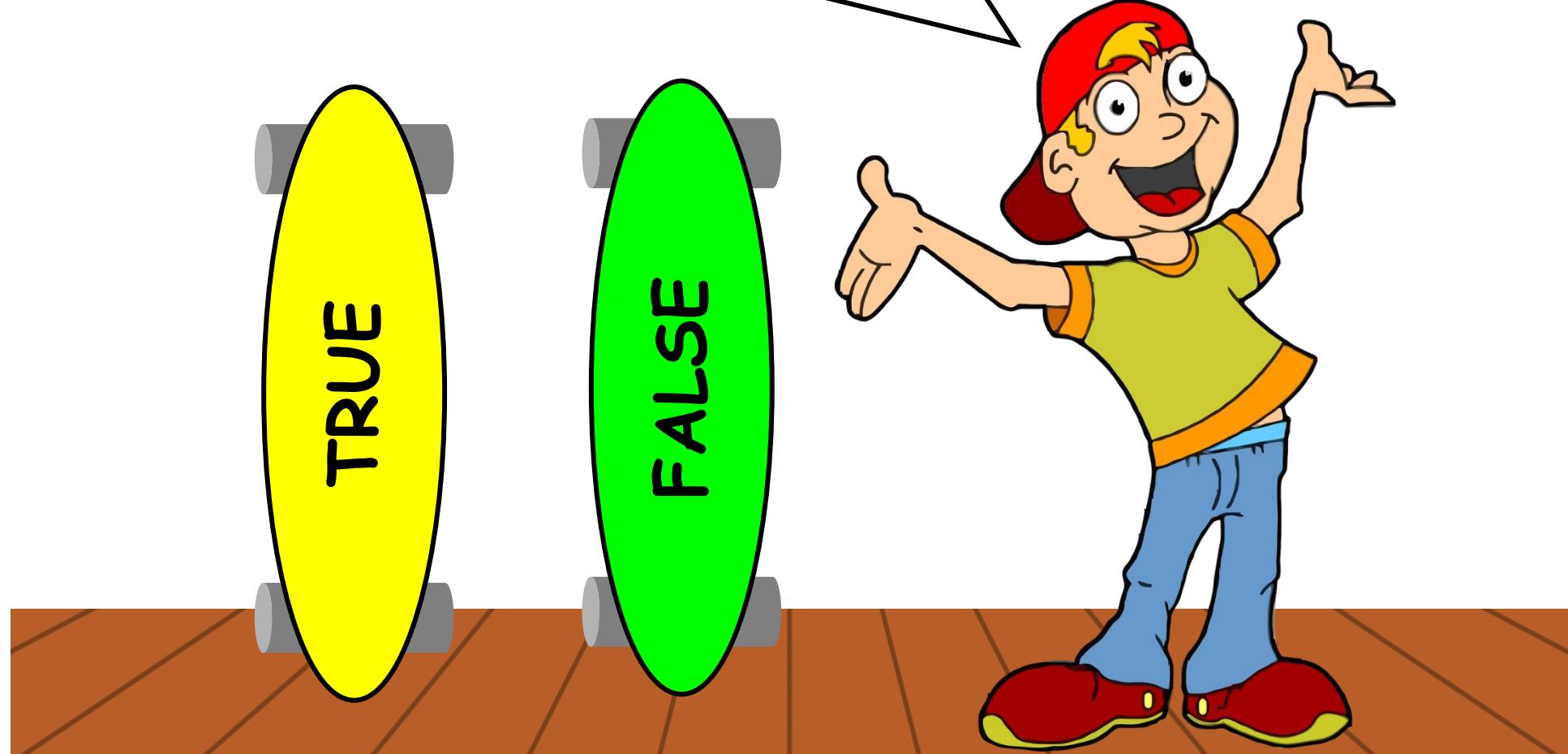
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Peter





Peter sometimes goes to his school's garden and learns how to grow food.



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Peter







WHAT COUNTRY IS IT?



LIST 5 THINGS ABOUT VIETNAM!

1. It's a beautiful country in Asia.
2. Hanoi is the capital city.
3. Ho Chi Minh is in the south.
4.
5.







E

1. Read and circle **True** or **False**.

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Huy



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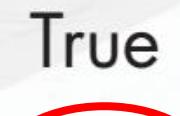
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Huy



F

Look at

E

. Write about the ways you learned to be healthy.



Examples: Last week, we learned about how to be healthy in science class. Our teacher said that we should eat lots of vegetables and fruit to be healthy. We should do exercise and play outside. We shouldn't eat fast food, and we should wash our hands before meals. We also need to brush our teeth twice a day and sleep early.

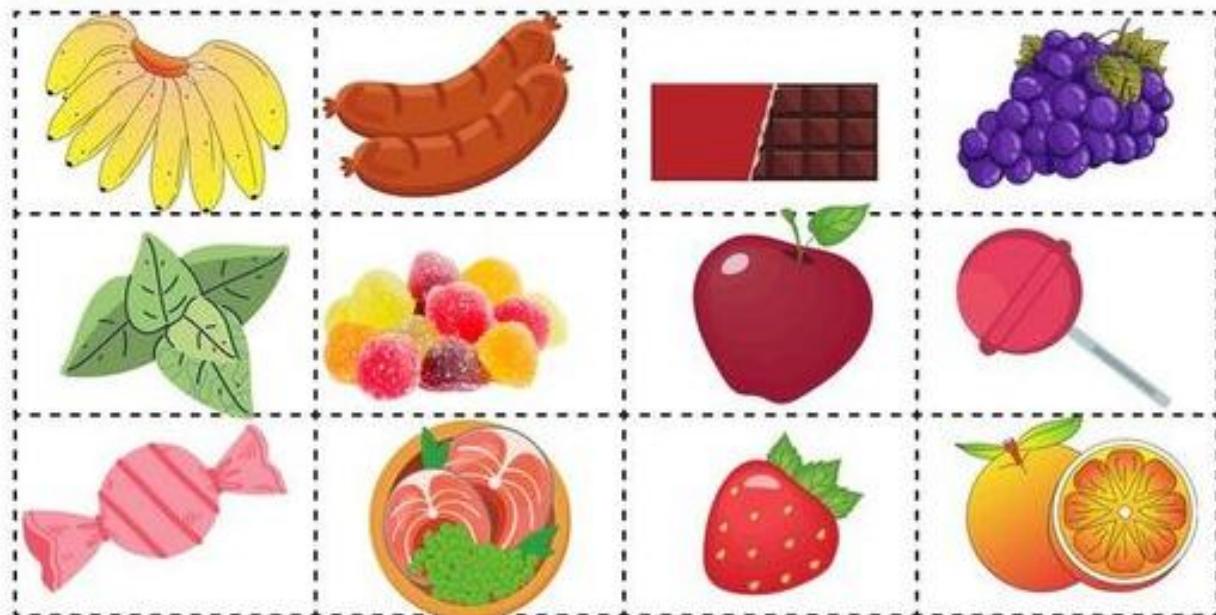




G

Talk about the ways you learned to be healthy.

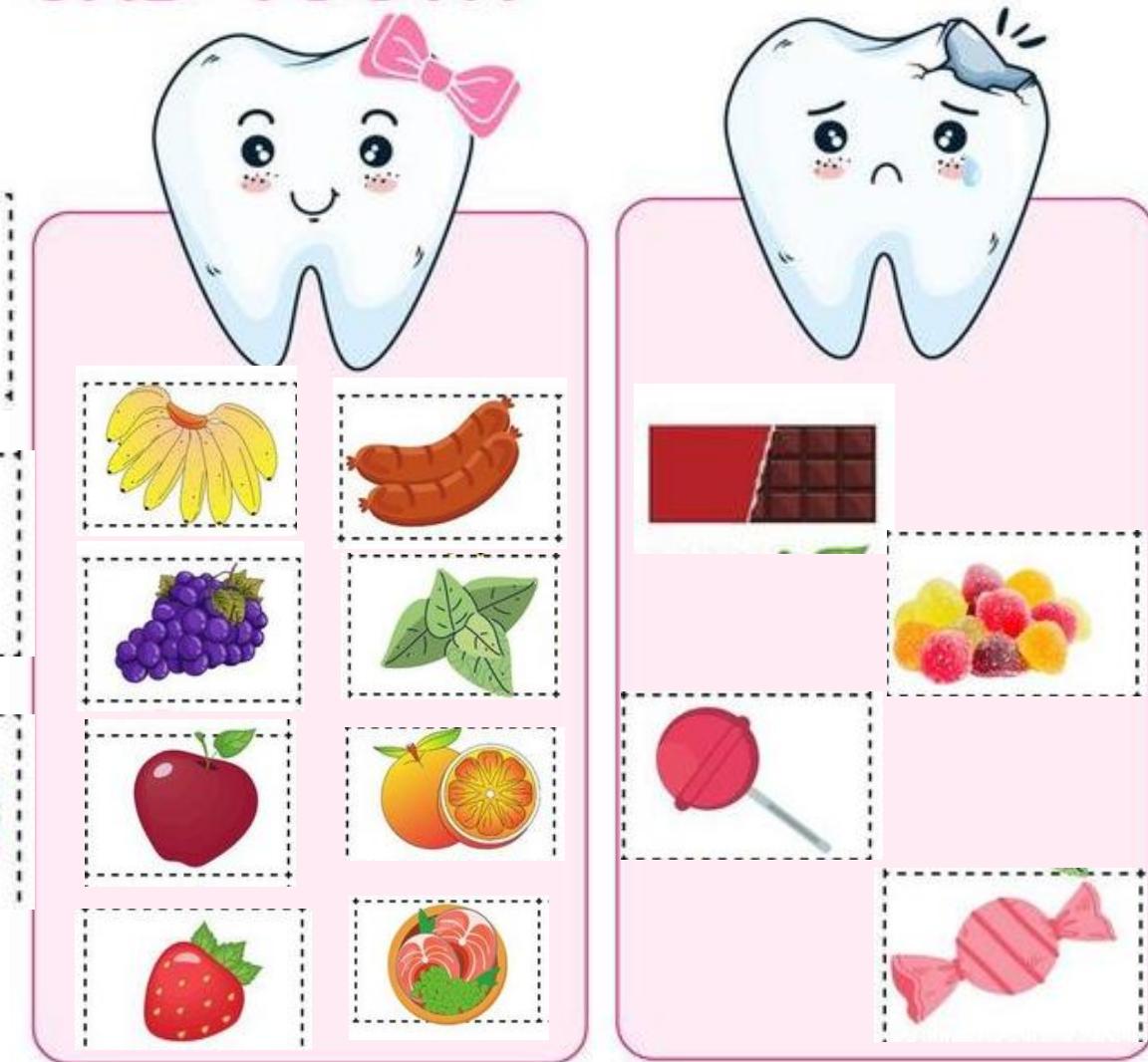
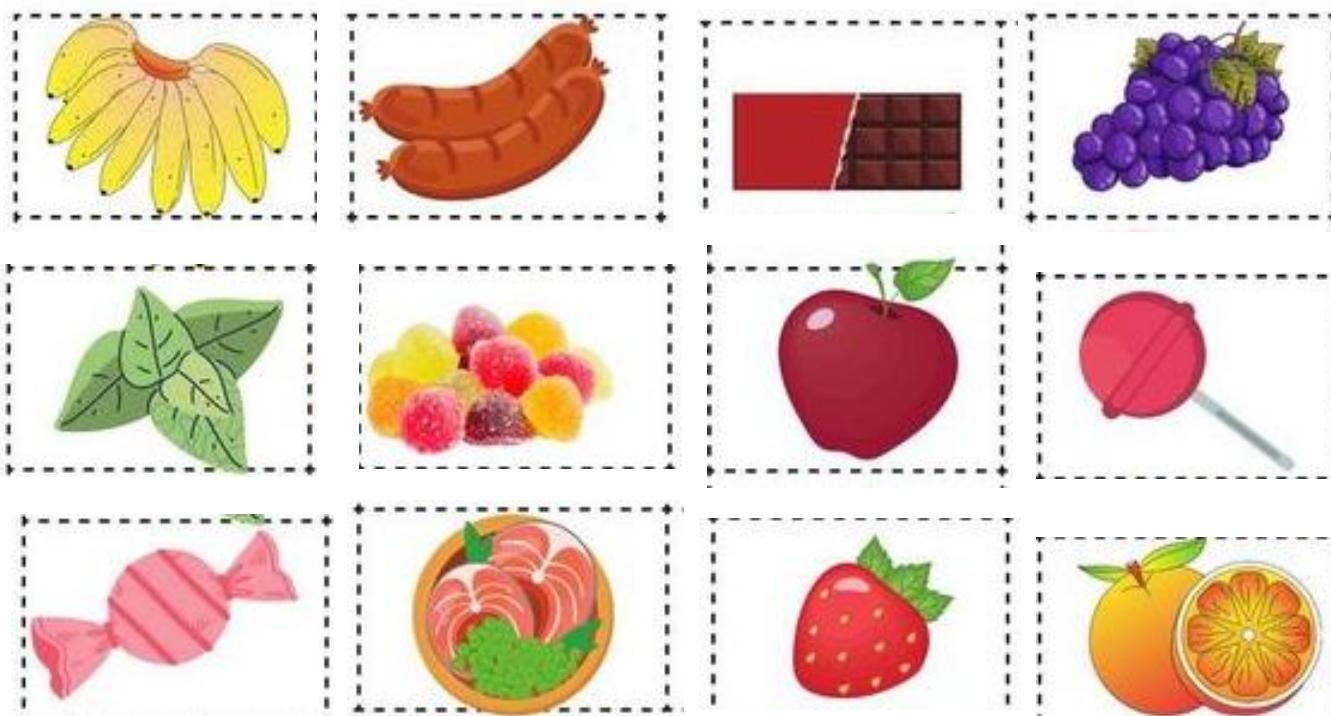




HAPPY OR SAD TOOTH



HAPPY OR SAD TOOTH



CONSOLIDATION



Extra Practice
WB, page 49

C

Listen and number.



Click on C to hear the sound

**A****3****B****2****C****1****D****4**

Extra Practice
WB, page 49

D

Look and write.

Example:

1



He should eat vegetables .

2



She **shouldn't eat too much** .

Extra Practice
WB, page 49

D

Look and write.

Example:

3



They **should** play outside.

4



He **shouldn't** eat fastfood.



WRAP-UP

Today's lesson

Vocabularies

*do exercise, eat
fast food, eat
vegetables, wash
your hands, play
outside, eat too
much*

Structures/ Sentence patterns

*What should I do to be healthy?
You should do exercise.
You shouldn't eat fast food.*

Homework

- *Practice the vocabularies and structure, and make sentences using them.*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start WB** (page 49).*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start Notebook**.*
- *Prepare the next lesson (page 76 SB).*
- *Play the consolidation games in **Tiếng Anh 5 i-Learn Smart Start DHA App** on www.eduhome.com.vn*

A young girl with long brown hair is shown in profile, blowing on a dandelion. The dandelion is in sharp focus in the foreground, with many seeds flying off into the air. The background is a bright, out-of-focus green, suggesting a park or garden. The lighting is warm and natural.

Enjoy your day!



Stay positive and have a nice day!