

# Tiếng Anh

 **5**

**Unit 5: HEALTH**

**CLIL - Lesson 3**

**Page 75**

# Lesson Outline

Warm-up

Reading

Writing

Speaking

Consolidation

Wrap-up

## E 1. Read and circle True or False.

FOCUS ON: How to be healthy at school in Vietnam

In our science class yesterday, we learned about how to be healthy. We learned about healthy foods and exercise. Kids should eat different foods to be healthy. We should eat lots of vegetables and fruit. We shouldn't eat fast food and pizza. And we should wash our hands before meals. All of my classmates do that at school. Children should get lots of sleep and do exercise, too. My teacher said we should do exercise every day. In my school, all the students do exercise together at break time. We also do it in P.E. class. It's really fun and good for our health!

Huy

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| 4. The students in his school do exercise before class.        | True | <input type="radio"/> False            |
| 5. Huy likes doing exercise.                                   | True | <input type="radio"/> False            |

## 2. Listen and read.

### F Look at the picture and write about the ways you learned to be healthy.

Handwriting practice area with several lines for writing.

### G Talk about the ways you learned to be healthy.

## Objectives

By the end of this lesson, students will be able review the target language and familiarize themselves with aspect how to be healthy at school in Vietnam and practice reading comprehension.

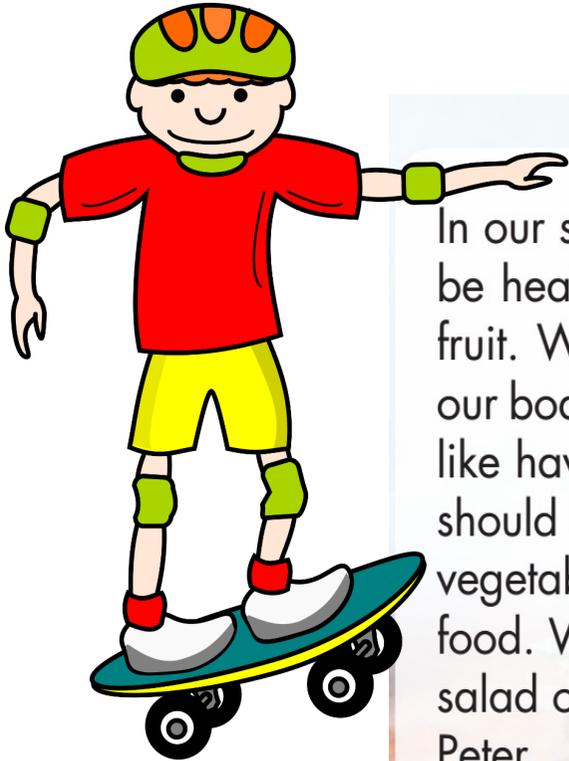
**Vocabulary:** *do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much.*

**Structure:** What should I do to be healthy?  
You should do exercise.  
You shouldn't eat fast food.

# WARM UP



# WHERE IS MY SKATEBOARD?

**START**

## FOCUS ON: How to be healthy at school in the UK

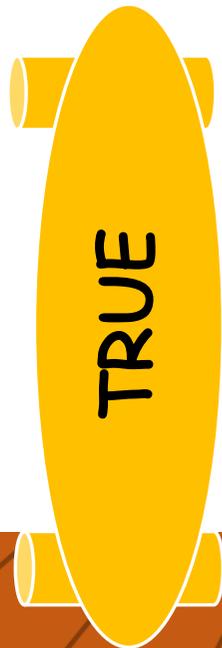


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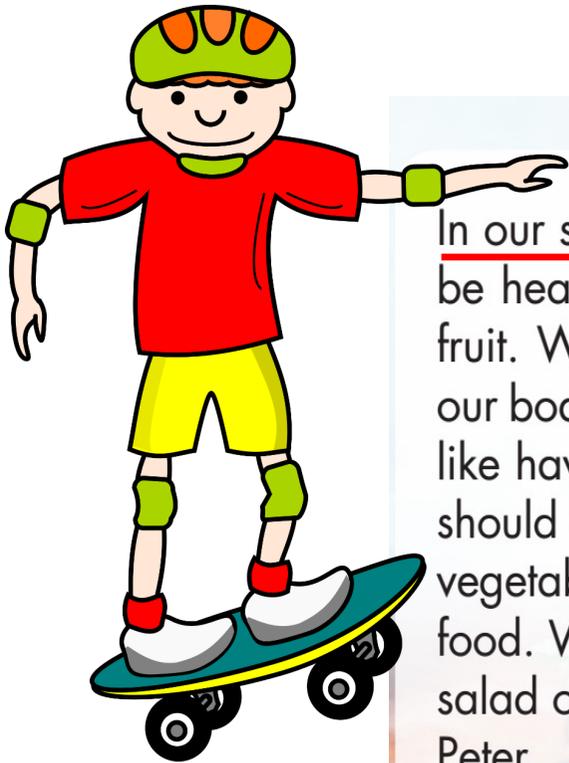
Peter



Peter learned about health and how to be healthy in his science class.



# WHERE IS MY SKATEBOARD?

**START**

## FOCUS ON: How to be healthy at school in the UK

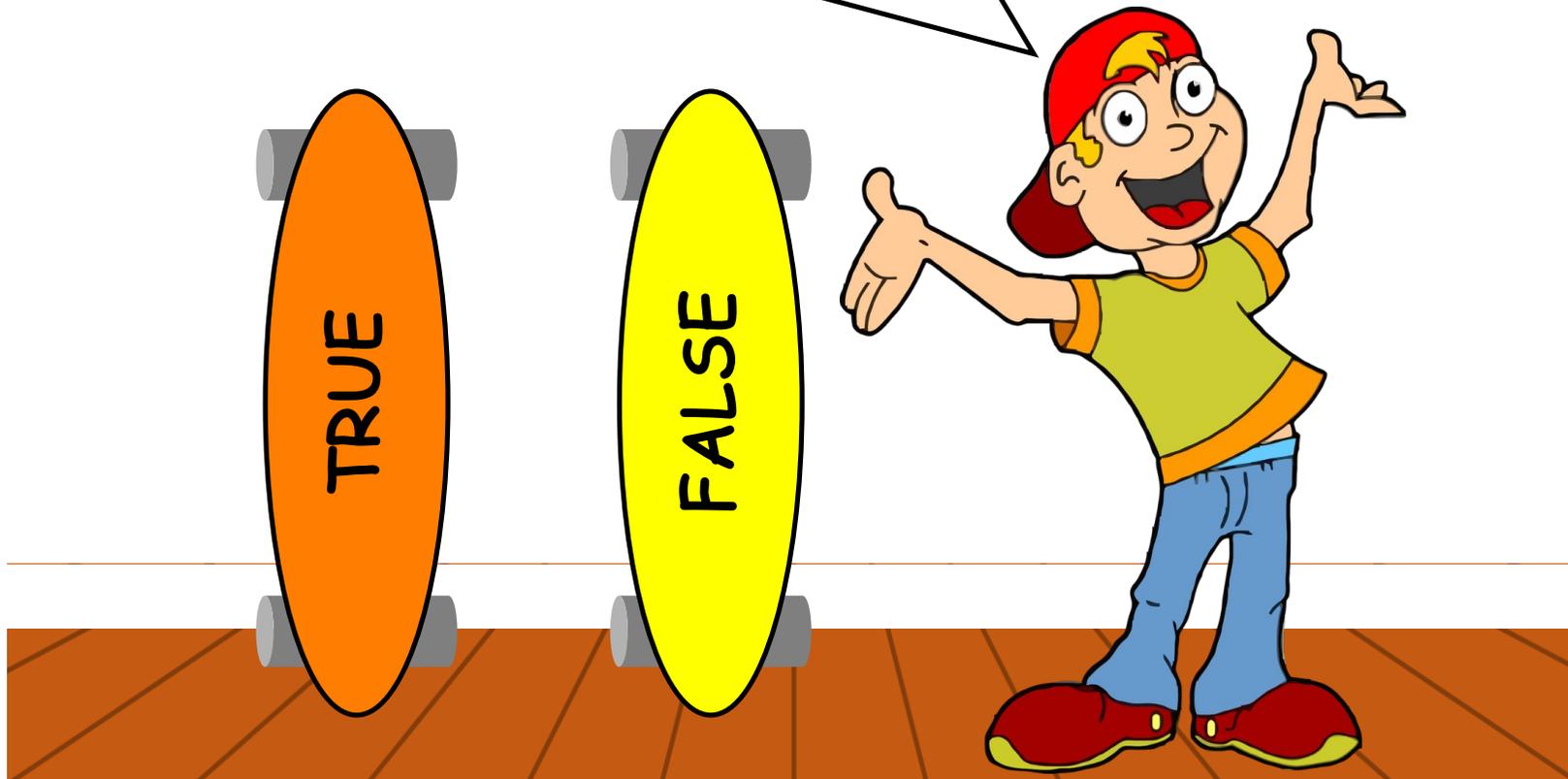


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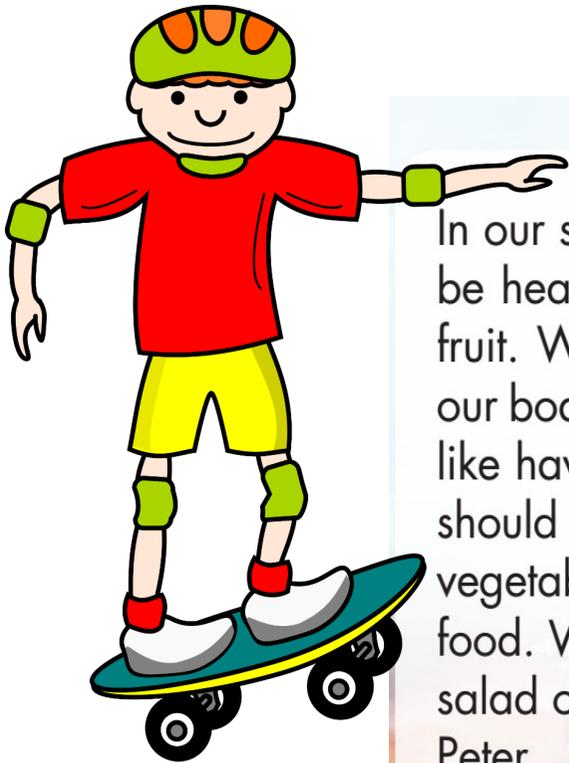
Peter



His teacher said we should eat lots of snacks.



# WHERE IS MY SKATEBOARD?

**START**

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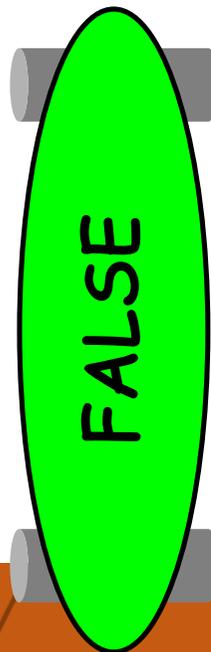
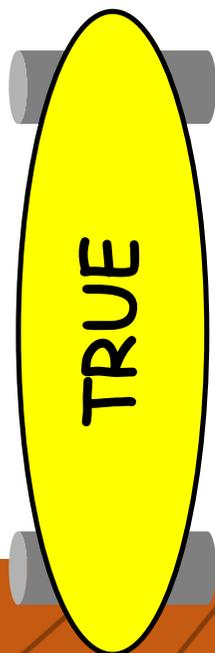


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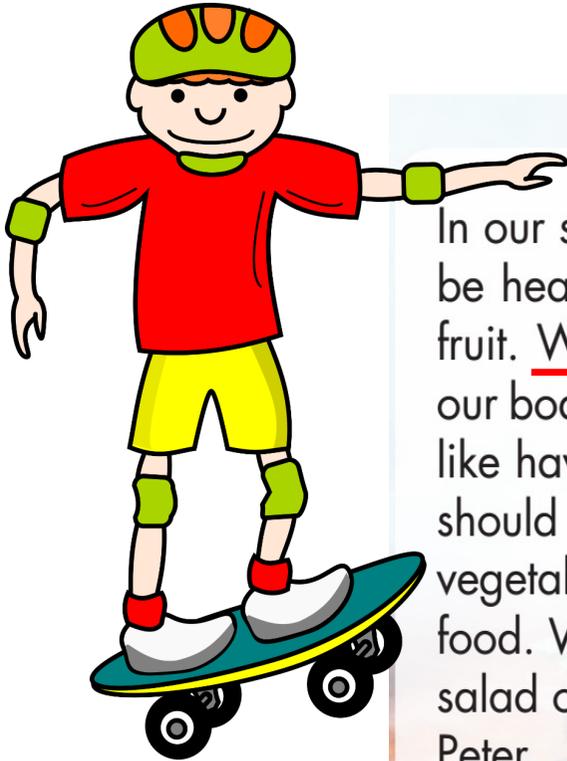
Peter



We shouldn't eat fast food or candy.



# WHERE IS MY SKATEBOARD?

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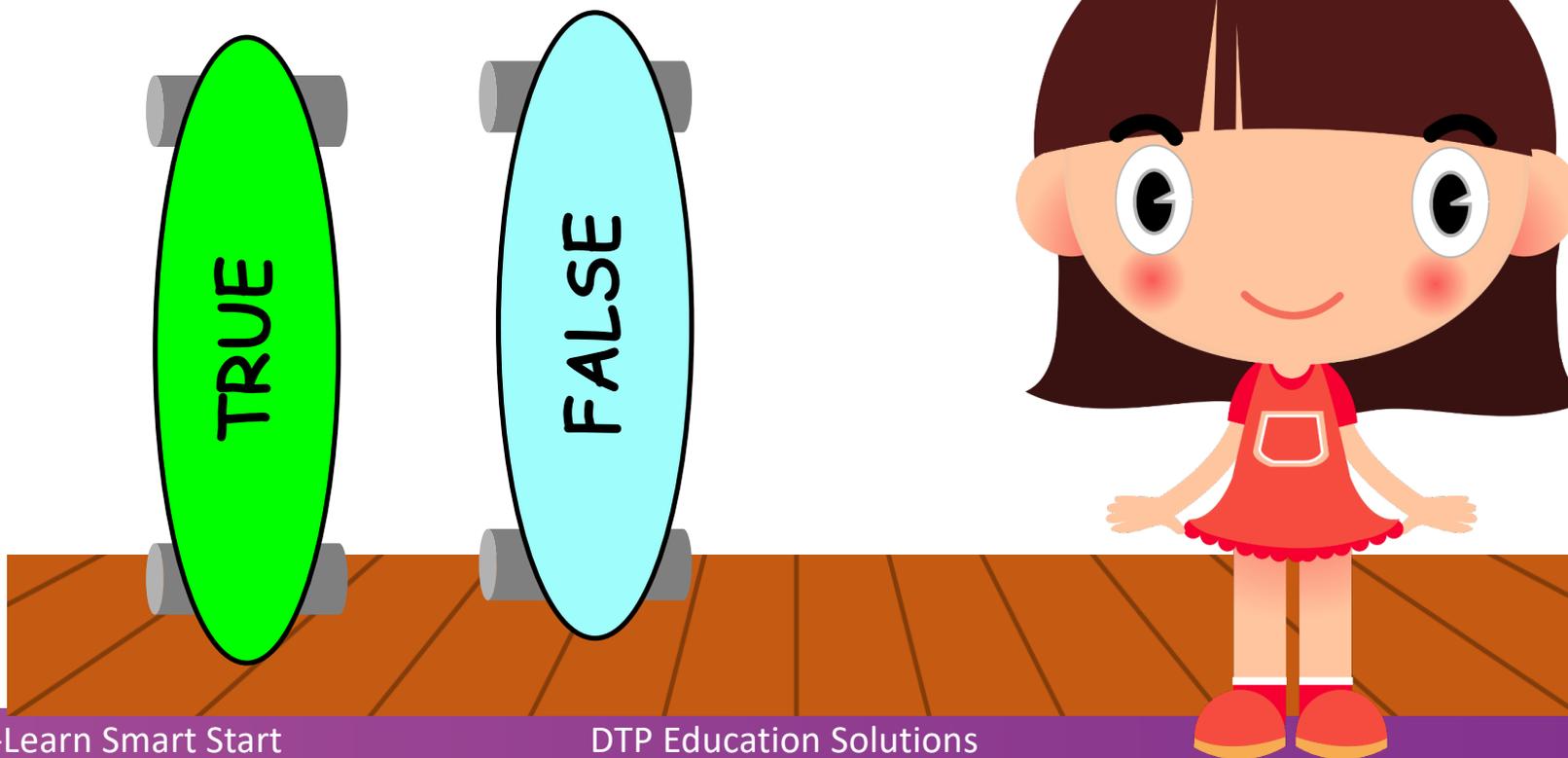


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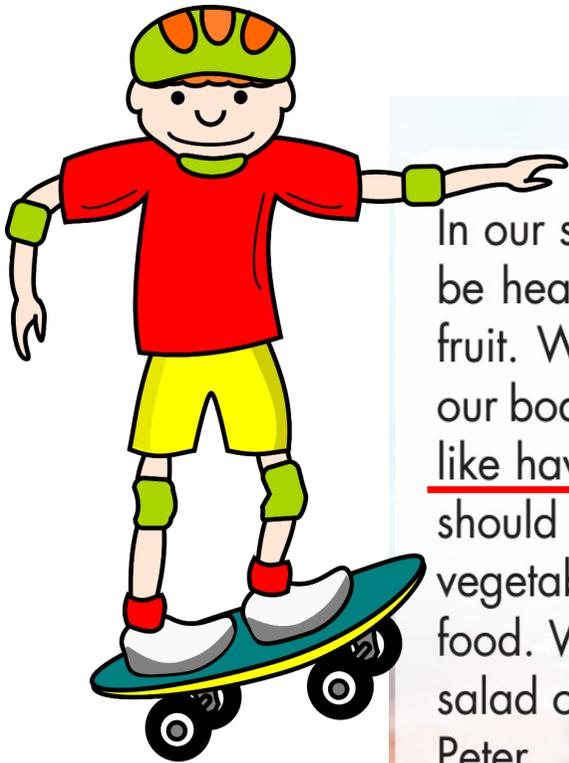
Peter



Peter's classmates like having fast food all the time.



# WHERE IS MY SKATEBOARD?

**START**

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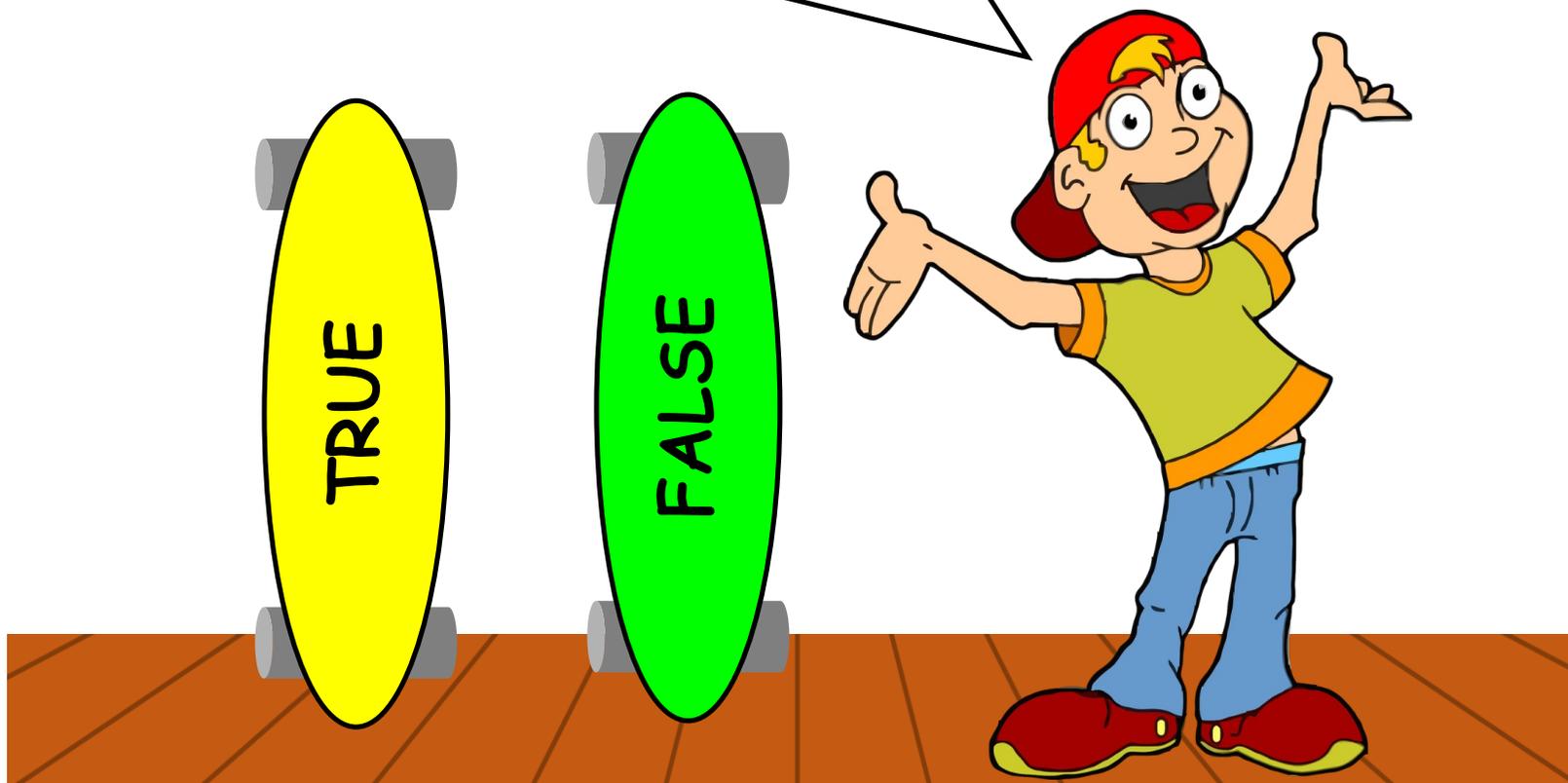


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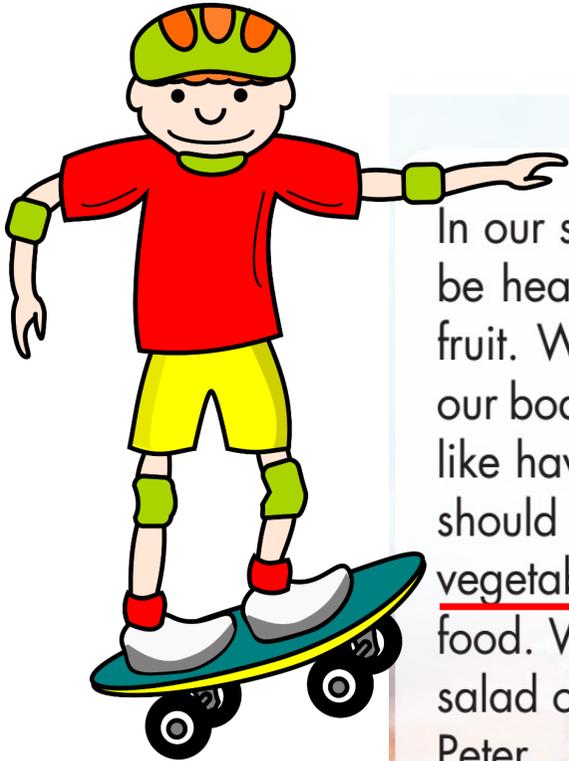
Peter



Peter sometimes goes to his school's garden and learns how to grow food.



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Peter



It's time to learn ...





## WHAT COUNTRY IS IT?



## LIST 5 THINGS ABOUT VIETNAM!

1. It's a beautiful country in Asia.
2. Hanoi is the capital city.
3. Ho Chi Minh is in the south.
4. ....
5. ....







**E****1. Read and circle True or False.** **FOCUS ON: How to be healthy at school in Vietnam**

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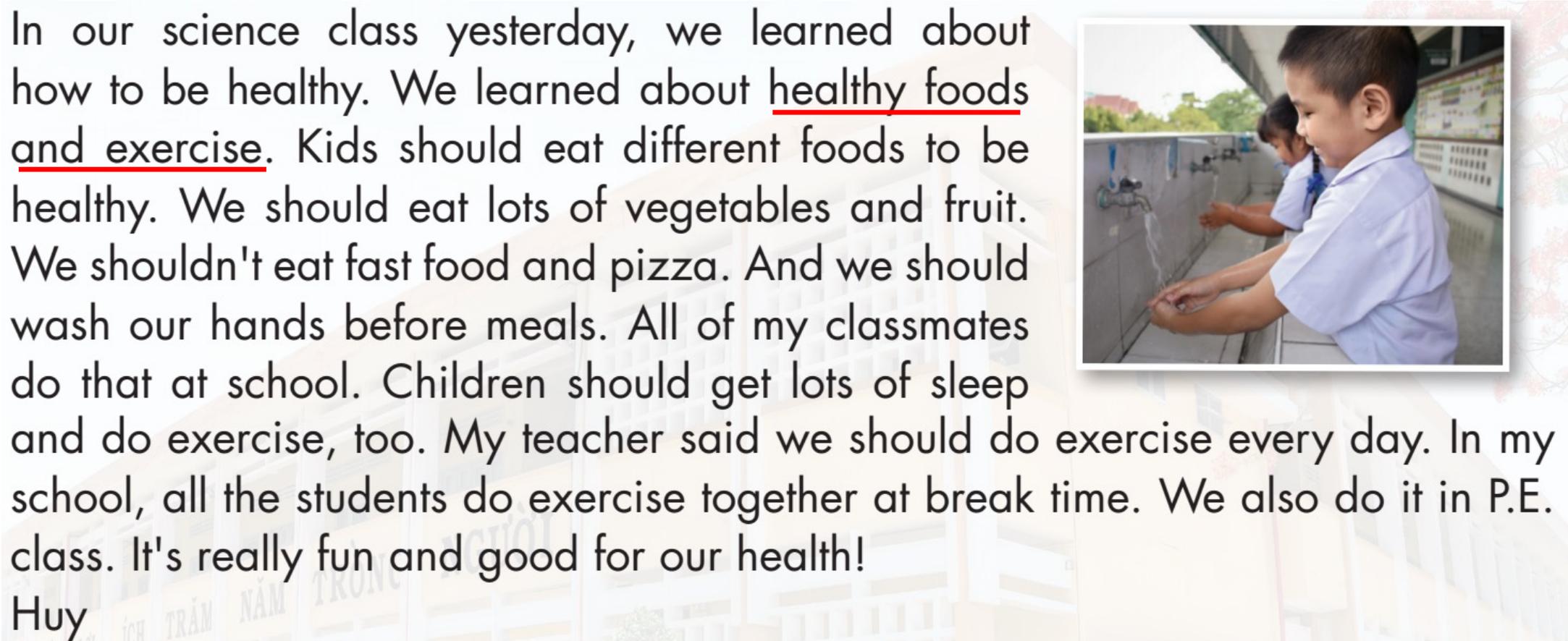
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| 3. Some of his classmates <u>don't wash their hands</u> <u>before meals</u> . | True | False        |
| 4. The students in his school <u>do exercise before class</u> .               | True | False        |
| 5. Huy <u>likes doing exercise</u> .  | True | False        |

**E** 1. Read and circle **True** or **False**. 
**FOCUS ON: How to be healthy at school in Vietnam**


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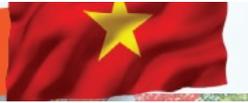
Huy



## 2. Listen and read.



### FOCUS ON: How to be healthy at school in Vietnam



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Huy



**F** Look at **E**. Write about the ways you learned to be healthy. 

**Examples:** Last week, we learned about how to be healthy in science class. Our teacher said that we should eat lots of vegetables and fruit to be healthy. We should do exercise and play outside. We shouldn't eat fast food, and we should wash our hands before meals. We also need to brush our teeth twice a day and sleep early.



Production



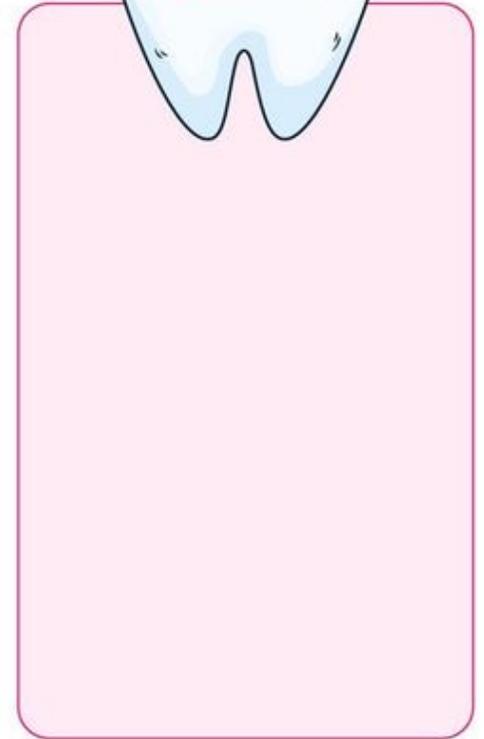
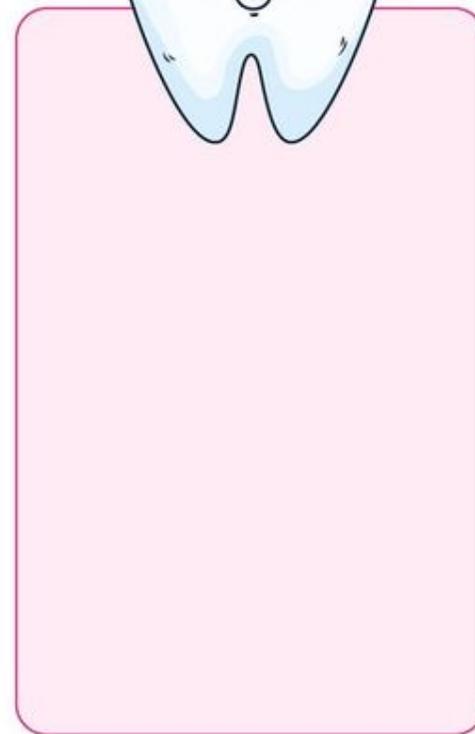
**G**

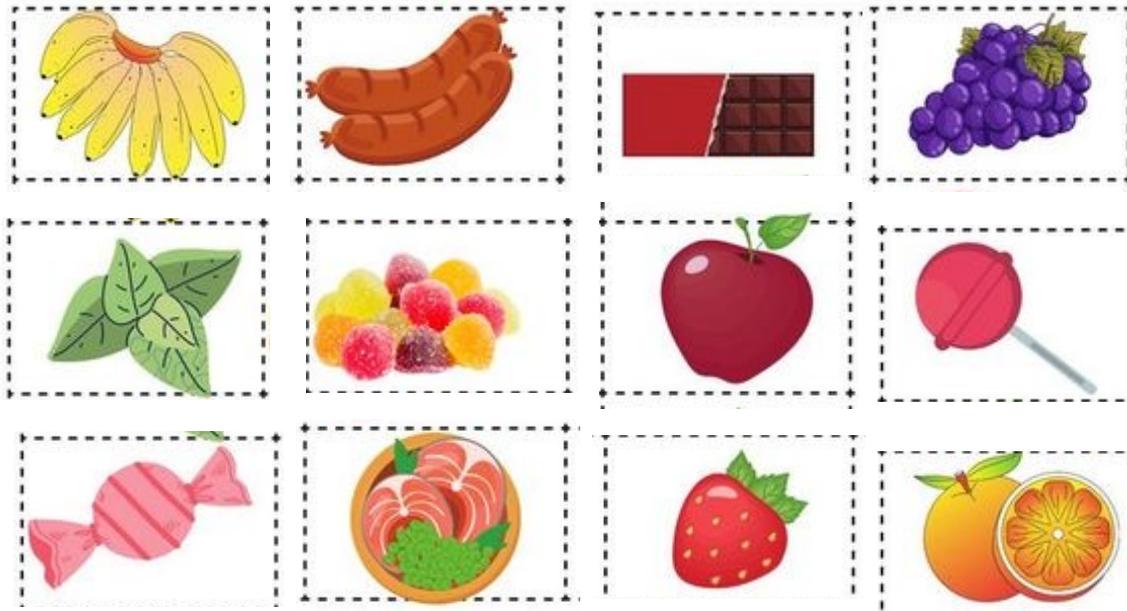
**Talk about the ways you learned to be healthy.**





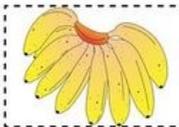
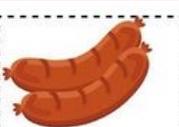
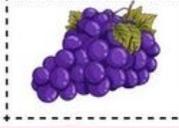
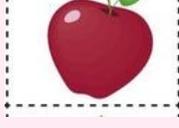
# HAPPY OR SAD TOOTH





# HAPPY OR SAD TOOTH



# CONSOLIDATION



Extra Practice  
WB, page 49

**C** Listen and number. 

*Click on C to hear the sound*



3



2



1



4

**D** Look and write.

**Example:**

1



He should eat vegetables \_\_\_\_\_.

2



She shouldn't eat too much \_\_\_\_\_.



**Look and write.**

**Example:**

3



**They should play outside** \_\_\_\_\_.

4



**He shouldn't eat fastfood** \_\_\_\_\_.

# WRAP-UP



# Today's lesson

## *Vocabularies*

*do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much*

## *Structures/ Sentence patterns*

*What should I do to be healthy?  
You should do exercise.  
You shouldn't eat fast food.*

# Homework

- *Practice the vocabularies and structure, and make sentences using them.*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start WB** (page 49).*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start Notebook**.*
- *Prepare the next lesson (page 76 SB).*
- *Play the consolidation games in **Tiếng Anh 5 i-Learn Smart Start DHA App** on [www.eduhome.com.vn](http://www.eduhome.com.vn)*



Enjoy your day!



Stay positive and have a nice day!