

Tiếng Anh

i-Learn
Smart Start
5

Unit 1: HEALTH

CLIL - Lesson 2

Page 74

Lesson Outline

Warm-up

Reading

Listening

Speaking

Consolidation

Wrap-up

C 1. Read and fill in the blanks.

FOCUS ON: How to be healthy at school in the UK



In our science class last week, we learned about health and how to be healthy. Our teacher said we should eat lots of vegetables and fruit. We shouldn't eat fast food or candy because they're bad for our bodies and teeth. And we shouldn't eat too much. My classmates like having snacks all the time, and that's bad. My teacher said we should have only one or two snacks a day. Our school has a small vegetable garden. We sometimes go there and learn how to grow food. We also sometimes go to the cafeteria and learn how to make salad or cook vegetables. It's really cool!



- Peter
1. Peter learned about health and how to be healthy in his science class.
 2. His teacher said we should eat lots of _____.
 3. We shouldn't eat fast food or _____.
 4. Peter's classmates like _____ all the time.
 5. Peter sometimes goes to his school's _____ and learns how to grow food.

2. Listen and read.

D 1. Look and listen. 2. Listen and write.

1. **Linda:** Hi, John. How was school?
John: Hi, Linda. Today I learned about how to be healthy. Do you want to know?
Linda: Yes! What should I do to be healthy?
John: You should (1) _____ wash your hands _____.
Linda: I do!
2. **John:** That's good. And you (2) _____.
Linda: Oh, OK. You shouldn't play video games in your room all the time.
John: And my teacher said we shouldn't eat fast food.
Linda: But I like it.
John: You never eat your (3) _____.
Linda: You should eat them.
4. **Linda:** OK. What else should I do to be healthy?
John: You (4) _____.
Linda: OK.



3. Now, practice saying the sentences above.



Objectives

By the end of this lesson, students will be able to review the target language and familiarize themselves with aspect how to be healthy at school in the UK and practice reading comprehension.

Vocabulary: *do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much.*

Structure: *What should I do to be healthy?
You should do exercise.
You shouldn't eat fast food.*

WARM UP



Listen and
choose. Then say.

Listen and choose 



A



B



C

next

Listen and choose



A



B



C

next

Listen and choose



A



B



C

next

Listen and choose 



A



B



C

next

It's time to learn ...





WHAT COUNTRY IS IT?

It's the UK

The UK is known as the **United Kingdom (UK)**.

The capital and largest city of the United Kingdom is London.







C 1. Read and fill in the blanks. **FOCUS ON: How to be healthy at school in the UK**

In our science class last week, we learned about health and how to be healthy. Our teacher said we should eat lots of vegetables and fruit. We shouldn't eat fast food or candy because they're bad for our bodies and teeth. And we shouldn't eat too much. My classmates like having snacks all the time, and that's bad. My teacher said we should have only one or two snacks a day. Our school has a small vegetable garden. We sometimes go there and learn how to grow food. We also sometimes go to the cafeteria and learn how to make salad or cook vegetables. It's really cool!

Peter



C

1. Read and fill in the blanks. **FOCUS ON: How to be healthy at school in the UK**

1. Peter learned about health and how to be healthy in his science class.
2. His teacher said we should eat lots of **vegetables and fruit**.
3. We shouldn't eat fast food or **candy**.
4. Peter's classmates like **having snacks** all the time.
5. Peter sometimes goes to his school's **vegetable garden** and learns how to grow food.

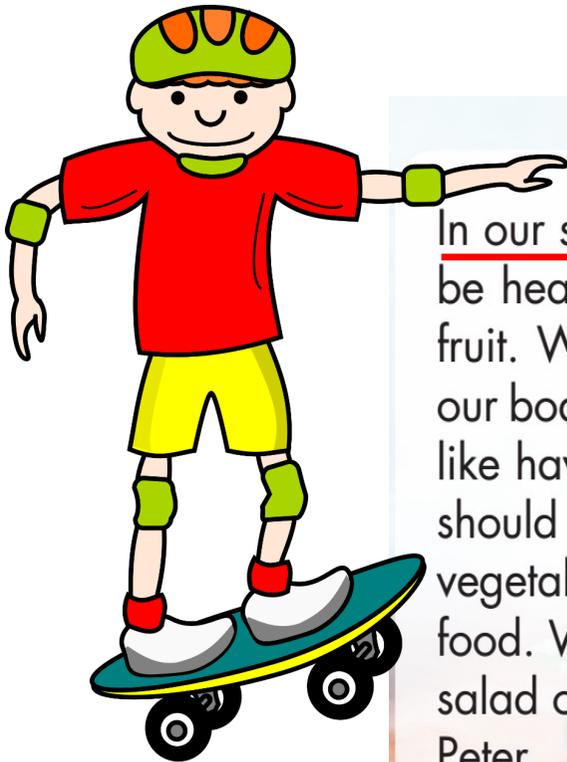
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Peter



WHERE IS MY SKATEBOARD?

START

FOCUS ON: How to be healthy at school in the UK

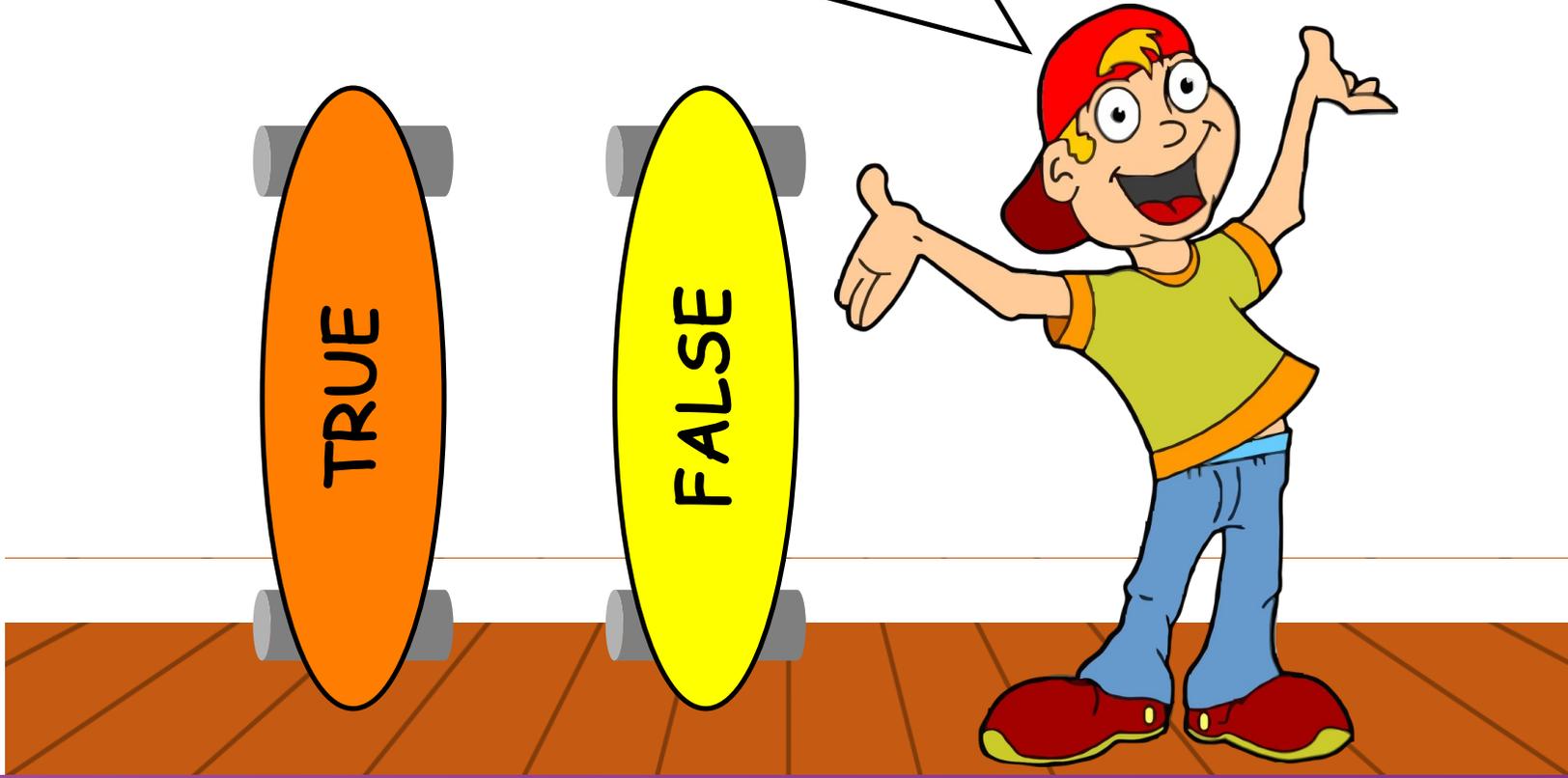


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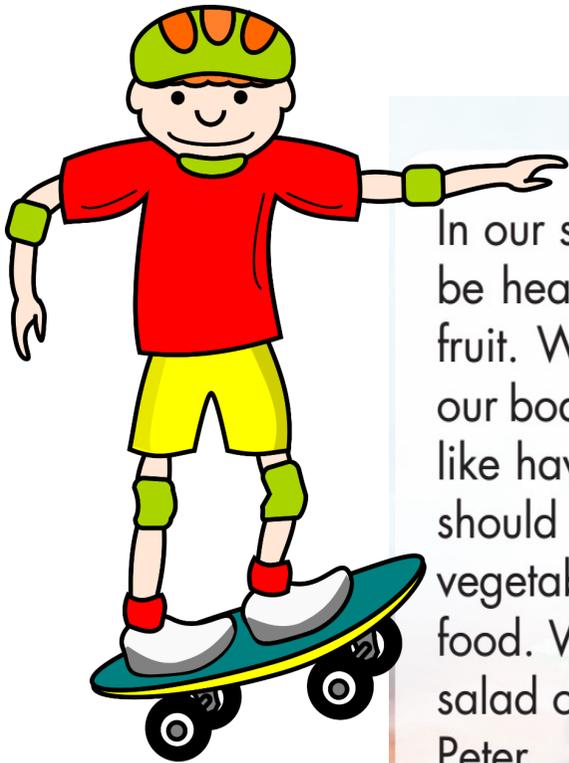
Peter



His teacher said we should eat lots of snacks.



WHERE IS MY SKATEBOARD?

START

FOCUS ON: How to be healthy at school in the UK

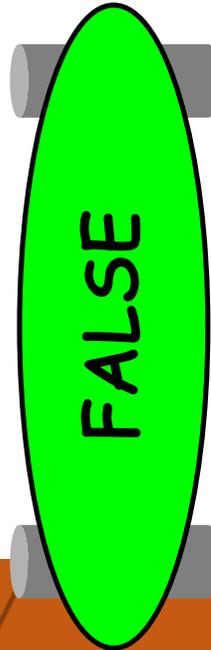
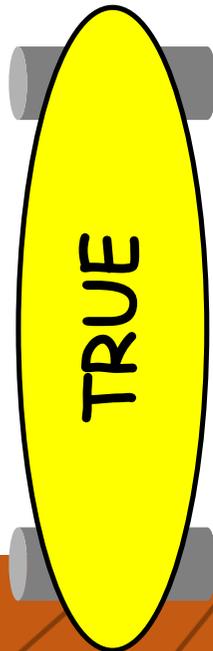


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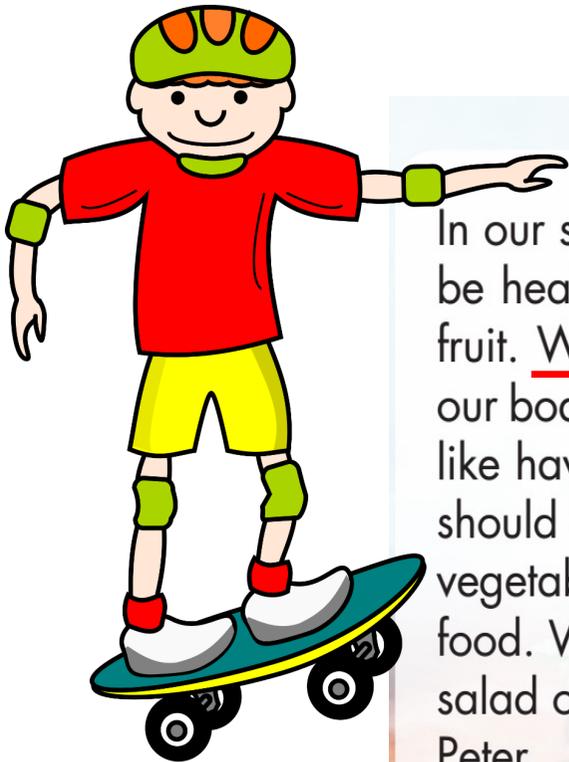
Peter



We shouldn't eat fast food or candy.



WHERE IS MY SKATEBOARD?

START

FOCUS ON: How to be healthy at school in the UK

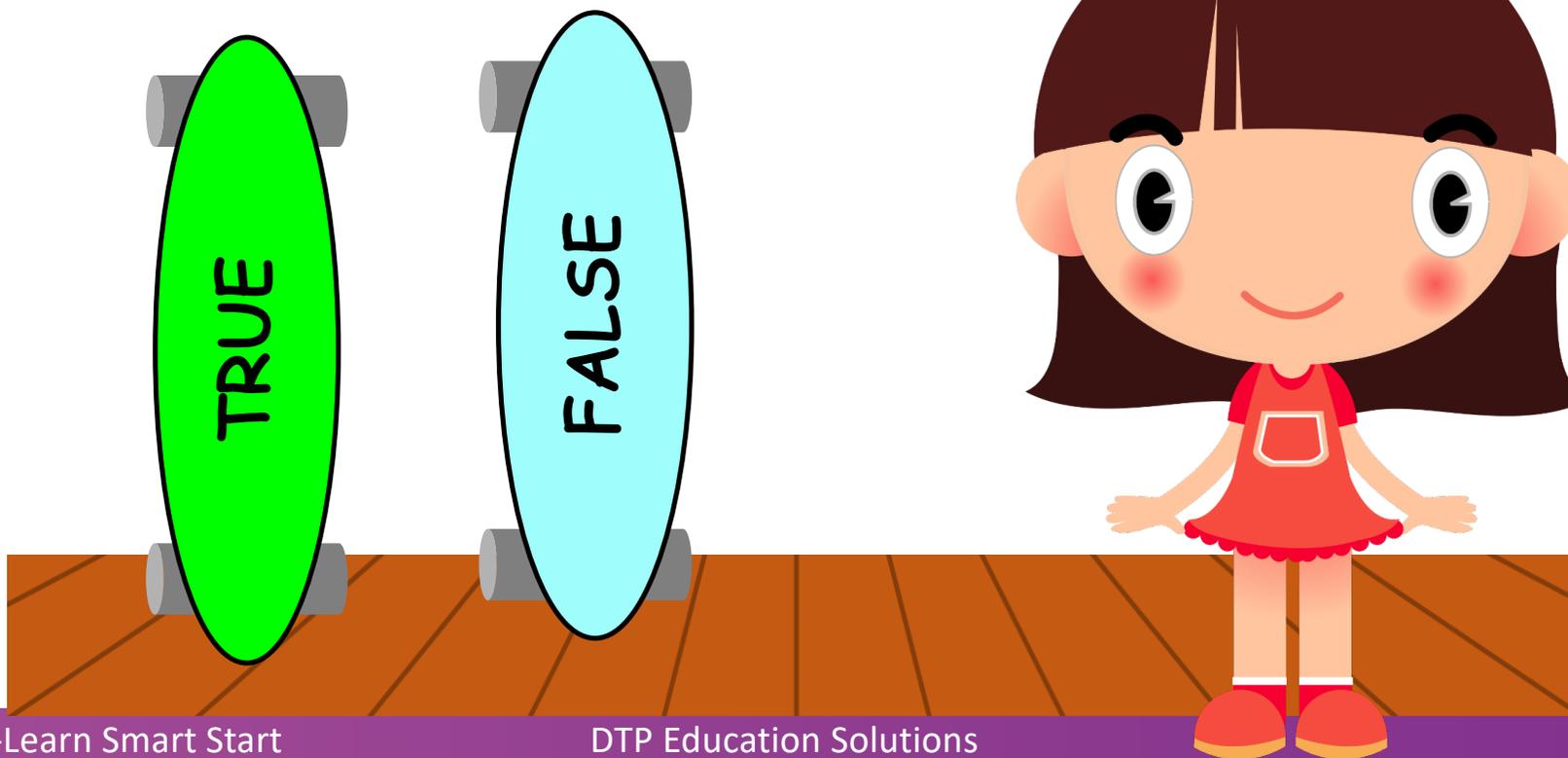


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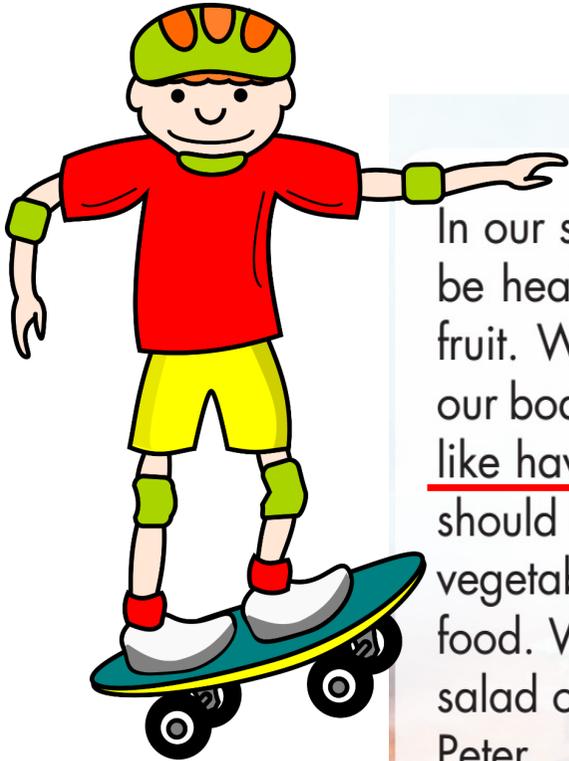
Peter



Peter's classmates like having fast food all the time.



WHERE IS MY SKATEBOARD?

START

FOCUS ON: How to be healthy at school in the UK

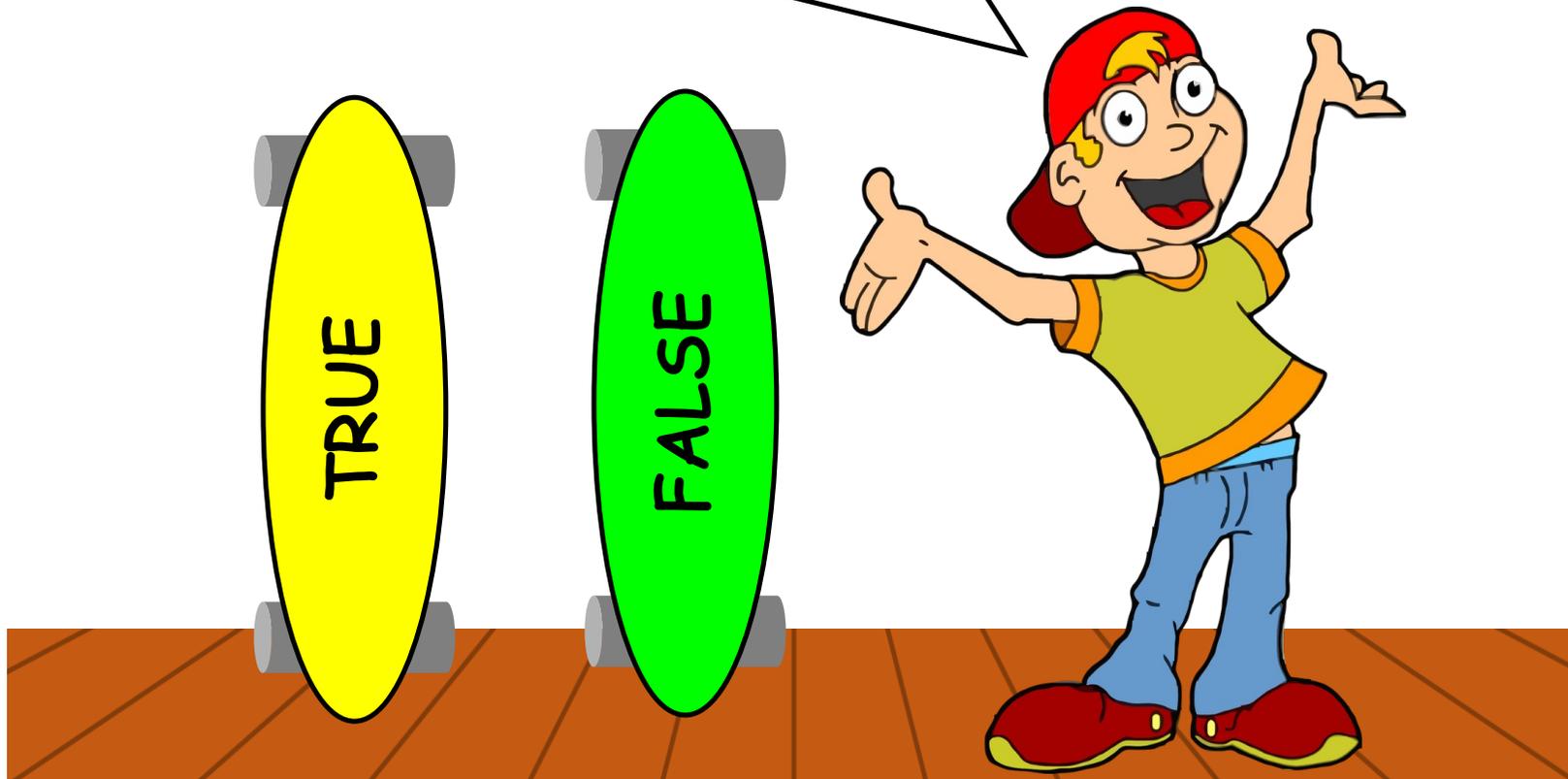


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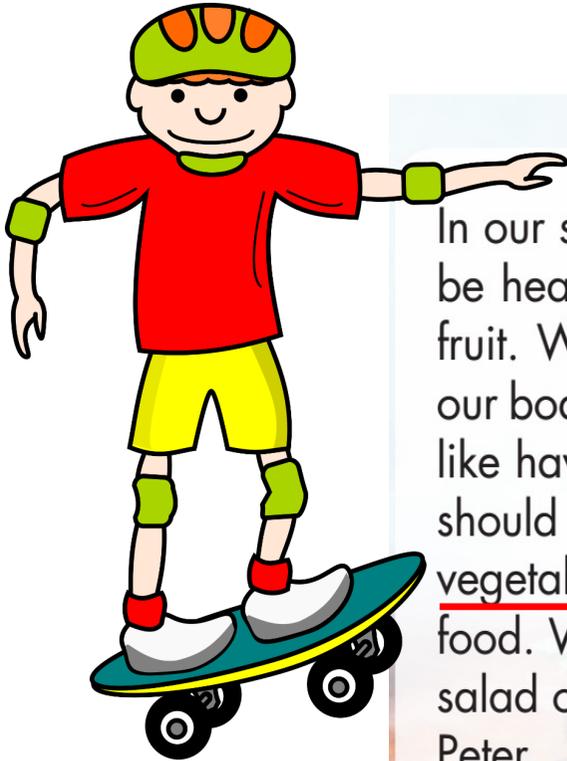
Peter



Peter sometimes goes to his school's garden and learns how to grow food.



WHERE IS MY SKATEBOARD?

START

FOCUS ON: How to be healthy at school in the UK



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Peter





D**1. Look and listen.***Click on D to hear the sound.*

1. Linda: Hi, John. How was school?

John: Hi, Linda. Today I learned about how to be healthy.
Do you want to know?

Linda: Yes! What should I do to be healthy?

John: You should (1) wash your hands.

Linda: I do!

2. John: That's good. And you (2) _____.

You shouldn't play video games in your room all the time.

Linda: Oh, OK.



D**1. Look and listen.** *Click on D to hear the sound.*

3. John: And my teacher said we shouldn't eat fast food.

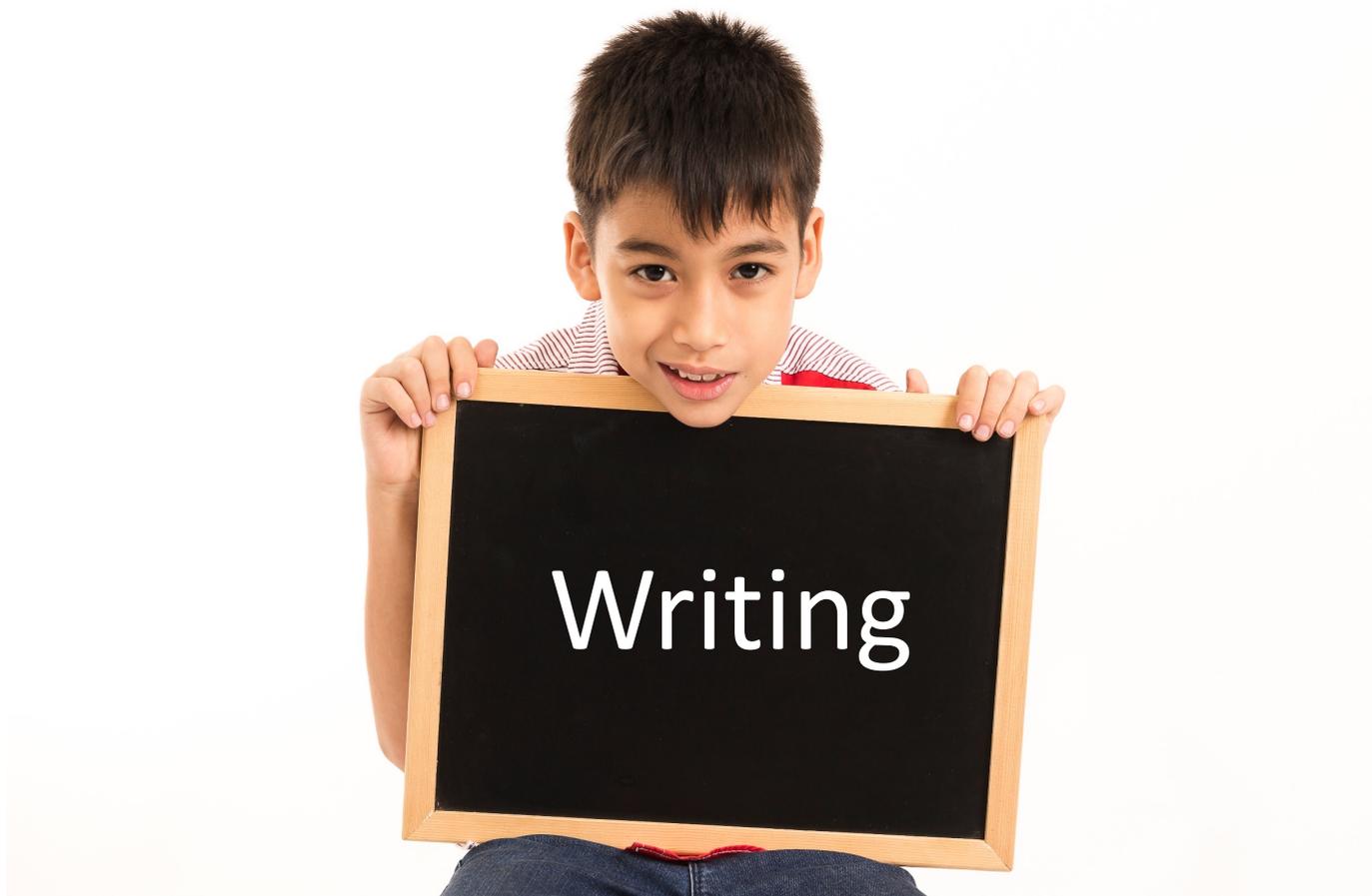
Linda: But I like it.

John: You never eat your (3) _____.
You should eat them.

4. Linda: OK. What else should I do to be healthy?

John: You (4) _____.

Linda: OK.



D**1. Look and listen.***Click on D to hear the sound.*

1. Linda: Hi, John. How was school?

John: Hi, Linda. Today I learned about how to be healthy.
Do you want to know?

Linda: Yes! What should I do to be healthy?

John: You should (1) wash your hands.

Linda: I do!

2. John: That's good. And you (2) play outside.

You shouldn't play video games in your room all the time.

Linda: Oh, OK.



D**1. Look and listen.***Click on D to hear the sound.*

3. John: And my teacher said we shouldn't eat fast food.

Linda: But I like it.

John: You never eat your (3) vegetables.
You should eat them.

4. Linda: OK. What else should I do to be healthy?

John: You (4) should do exercise.

Linda: OK.





3. Now, practice saying the sentences above.

1. **Linda:** Hi, John. How was school?

John: Hi, Linda. Today I learned about how to be healthy.
Do you want to know?

Linda: Yes! What should I do to be healthy?

John: You should (1) wash your hands.

Linda: I do!

2. **John:** That's good. And you (2) play outside.
You shouldn't play video games in your room all the time.

Linda: Oh, OK.

3. **John:** And my teacher said we shouldn't eat fast food.

Linda: But I like it.

John: You never eat your (3) vegetables.
You should eat them.

4. **Linda:** OK. What else should I do to be healthy?

John: You (4) should do exercise

Linda: OK.

CONSOLIDATION



Extra Practice
WB, page 49

C Listen and number. 

Click on C to hear the sound.



3



2



1



4

WRAP-UP



Today's lesson

Vocabularies

do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much.

Structures/ Sentence patterns

What should I do to be healthy?

- *You should do exercise.*
- *You shouldn't eat fast food.*

Homework

- *Practice the vocabularies and structure, and make sentences using them.*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start WB** (page 49).*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start Notebook**.*
- *Prepare the next lesson (page 74 SB).*
- *Play the consolidation games in **Tiếng Anh 5 i-Learn Smart Start DHA App** on www.eduhome.com.vn*



Enjoy your day!



Stay positive and have a nice day!