

Tiếng Anh

i-Learn
Smart Start

5

Unit 5: HEALTH

CLIL - Lesson 1

Page 73

Lesson Outline

Warm-up

Vocabulary

Structure

Consolidation

Wrap-up

Unit 5 SCIENCE HEALTH

A 1. Listen and point. Repeat.

do exercise eat fast food eat vegetables wash your hands play outside eat too much

2. Play the game Board race.

B 1. Listen and practice.

What should I do to be healthy?
 You should do exercise.
 You shouldn't eat fast food.

2. Look and write. Practice.

1	A: What should I do to be healthy? B: You should do exercise.	2	A: What should I do to be healthy? B: You _____.
3	A: What should I do to be healthy? B: You _____.	4	A: What should I do to be healthy? B: _____.
5	A: What should I do to be healthy? B: _____.	6	A: What _____? B: _____.

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Objectives

By the end of this lesson, students will be able to give advice about how to be healthy.

Vocabulary: *do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much.*

Structure: *What should I do to be healthy?*

You should do exercise.

You shouldn't eat fast food.

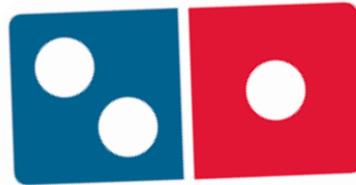
WARM UP



Guessing fast food restaurant's logo



McDonald's



Domino's pizza



Jollibee



KFC



Popeyes

It's time to learn ...







A**1. Listen and point. Repeat.**  *Click on A to hear the sound.*do
exerciseeat fast
foodeat
vegetableswash your
handsplay
outsideeat too
much*/duː/
/'ek.sə.saɪz/
tập thể dục**/i:t/ /fæst/
/fu:d/
ăn thức ăn
nhANH**/i:t/
/'vedʒ.tə.bəlz/
ăn rau củ quả**/wɑːʃ/ /jʊr/
/hændz/
rửa tay**/pleɪ/
/'aʊt.saɪd/
ra ngoài chơi**/i:t/ /tuː/
/mʌtʃ/
ăn quá nhiều*

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.

1



do
exercise

do exercise (v)

/du:/ /'ek.sə.saɪz/
tập thể dục

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.

2



eat fast
food

eat fast food (v)

*/i:t/ /fæst/ /fu:d/
ăn thức ăn nhanh*

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.

3



eat
vegetables

eat vegetables (v)

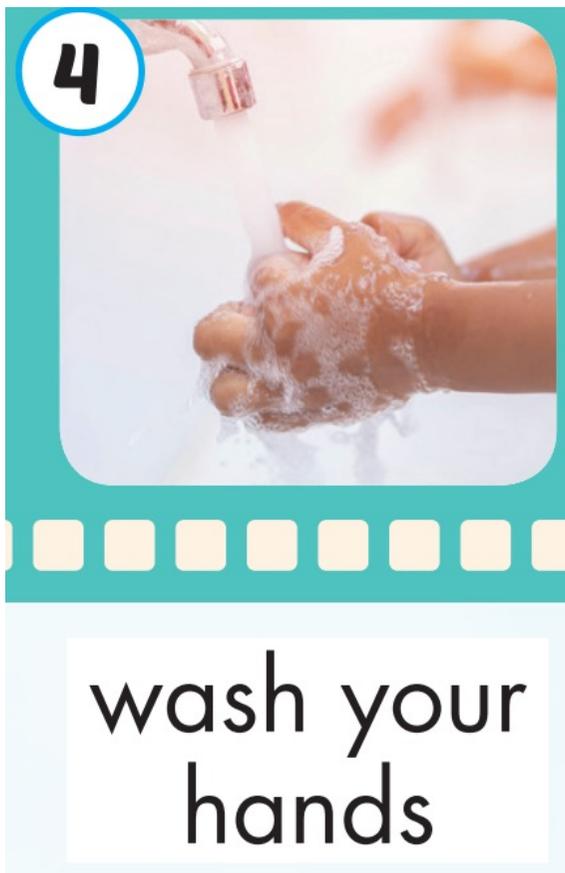
/i:t/ /'vedʒ.tə.bəlz/

ăn rau củ quả

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.



wash your hands (v)

*/wɑːʃ/ /jʊr/ /hændz/
rửa tay*

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.



play
outside

play outside(v)

*/pleɪ/ /'aʊt.saɪd/
ra ngoàì chơi*

A

1. Listen and point. Repeat. 

Click on the picture to hear the sound.

6



eat too
much

eat too much (v)

*/i:t/ /tu:/ /mʌtʃ/
ăn quá nhiều*



Listen and
choose. Then say.

Listen and choose 



A



B



C

next

Listen and choose



A



B



C

next

Listen and choose



A



B



C

next

Listen and choose 



A



B

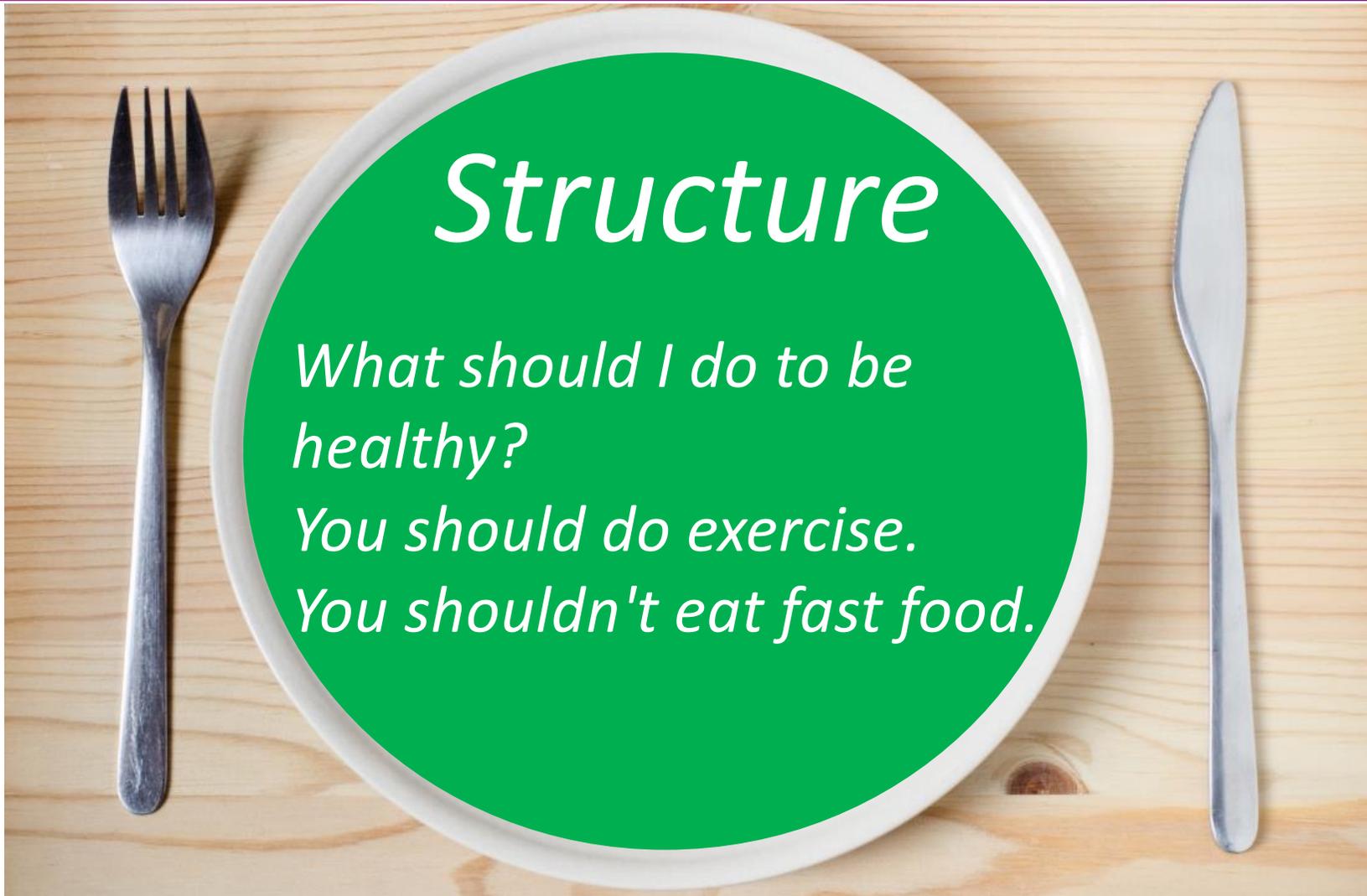


C

next

2. Play the game *Board race*.







Structure



What should I do to be healthy?

You should do exercise.
You shouldn't eat fast food.







Click on B to hear the sound.

B

1. Listen and practice. 

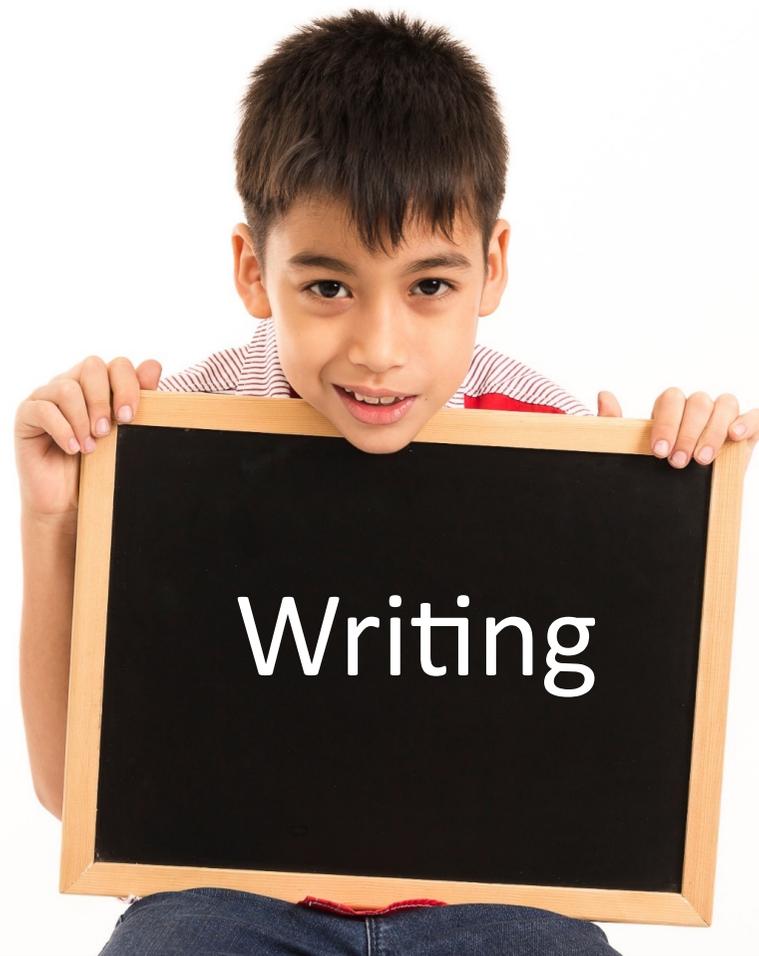


What should I do to be healthy?

You should do exercise.
You shouldn't eat fast food.







2. Look and circle . Practice.



A: What should I do to be healthy?

B: You should do exercise.



A: What should I do to be healthy?

B: You should play outside.

2. Look and circle . Practice.

3



A: What should I do to be healthy?

B: You shouldn't eat too much.

4



A: What should I do to be healthy?

B: You shouldn't eat fast food.

2. Look and circle Practice.

5



A: What should I do to be healthy?

B: You should eat vegetables.

6



A: What should I do to
be healthy _____ ?

B: You should wash your
hands _____ .

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Extra Practice
WB, page 48

A Look and circle.



eat fast food
wash your hands



eat vegetables
play outside



play outside
do exercise



eat fast food
eat too much

Extra Practice
WB, page 48

A Look and circle.

5



eat too much
eat vegetables

6



wash your hands
do exercise

CONSOLIDATION



Let's play!

Let's Dance Game



How To Play

- Students must take turns make sentence use “should” or “shouldn’t” then, read the words in order.
- Each time a student can choose to say the words in 1 square, 2 squares or a maximum of 3 squares.
- The student who says the last word must dance!

**stay up
late**

**eat fast
food**

**wake up
early**

**do
exercise**

**drink
water**

smoke

**see a
doctor**

**drink
medicine**

**get some
rest**

**play
outside**

**wash your
hands**

**sleep
early**

**eat too
much**

**take a
bath**

**Skip
breakfast**

**see a
dentist**

**Eat
vegetables**

**Play
sport**

eat fruit

**drink
water**

**eat fast
food**

**stay up
late**

**take a
bath**

**Wash
your
hands**

**eat too
much**

**skip
breakfast**

**play
sport**

**see a
dentist**

**get some
rest**

**drink
water**

WRAP-UP



Today's lesson

Vocabularies

do exercise, eat fast food, eat vegetables, wash your hands, play outside, eat too much

Structures/ Sentence patterns

*What should I do to be healthy?
You should do exercise.
You shouldn't eat fast food.*

Homework

- *Practice the vocabularies and structure, and make sentences using them.*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start WB** (page 48).*
- *Do the exercises in **Tiếng Anh 5 i-Learn Smart Start Notebook**.*
- *Prepare the next lesson (page 74 SB).*
- *Play the consolidation games in **Tiếng Anh 5 i-Learn Smart Start DHA App** on www.eduhome.com.vn*



Enjoy your day!



Stay positive and have a nice day!