

OFFICIAL EXAMINATION PAPERS

Full name:

Class: Code: 407

Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions below.

Many teenagers today stay up late, often because they spend hours on their phones, watch videos, or chat with friends. Although this may seem harmless, going to bed late regularly can harm their health.

Lack of sleep affects concentration, mood, and even physical growth, which is very important during teenage years. Experts say teenagers need at least eight hours of sleep each night, but many sleep less than six hours. This can make them feel tired, stressed, and less productive, and over time may lead to anxiety, memory problems, and weaker immunity.

To sleep better, students should **reduce** phone use before bed, avoid caffeine in the evening, and follow a relaxing bedtime routine. Parents and teachers can help by teaching good time management and explaining why enough rest is important for both body and mind.

Questions 1. According to the passage, which of the following is TRUE?

- A. Teenagers only stay up late to study for exams.
- B. Sleeping less than six hours can make students tired and stressed.
- C. Lack of sleep helps students focus better at school.
- D. Teachers should give students more homework to keep them awake.

Questions 2. What is the main idea of the passage?

- A. The effects of using phones at night.
- B. Tips to get enough sleep.
- C. The causes and effects of staying up late among teenagers.
- D. How parents can help students manage their time.

Questions 3. The word “**reduce**” in paragraph 3 is CLOSEST in meaning to:

- A. decrease
- B. increase
- C. continue
- D. stop

Questions 4. Which of the following is NOT mentioned in the passage?

- A. The amount of sleep teenagers need each night.
- B. Ways to build better bedtime habits.
- C. The influence of caffeine on sleep.
- D. The role of exercise in improving sleep.

Three phrases/sentences have been removed from the text below. For each question, mark the letter A, B, or C on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

Last weekend, our school’s community service club cleaned Ngọc Thuy Park and the streets near Ly Thuong Kiet Secondary School. Early in the morning, (5) _____. We picked up trash, swept the sidewalks, and planted flowers. Everyone felt proud when the park and streets looked clean and green. (6) _____. We also talked to people about keeping the area clean. Their smiles made us happy. Although (7) _____, it was a very meaningful experience. This activity showed us that protecting the environment is not far away - it starts with keeping the streets around our school clean.



Options:

- A. we were tired at the end of the day
- B. we met at the school gate and worked in small groups.
- C. In the afternoon, we sorted recyclables and gave them to charity.

Question 5. _____ **Question 6.** _____ **Question 7.** _____

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 8 to 9.

Question 8. Put the sentences (a–c) in the correct order, then fill in the blank to make a logical text.

For me, drawing is a fun hobby after school. Every evening, _____

- a. Finally, I show my drawings to my family and friends.
 - b. I start by drawing simple shapes and then add colors.
 - c. I also clean my brushes and organize my pencils.
- A. b – c – a B. a – c – b C. a – b – c D. b – a – c

Question 9. Choose the sentence that can end the text (in Question 8) most appropriately.

- A. I think drawing is a waste of time.
- B. My friends prefer watching TV to drawing.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following question.

Question 26. That student is crazy about playing football.

- A. That student fancies playing football.
C. That student dislikes playing football.

- B. That student isn't a big fan of playing football.
D. That student enjoys to play football.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following question.

Question 27. Exercising / create energy / improve mood / .

- A. Exercising creates energy and improves your mood.
C. Exercising create energy and improve your mood.

- B. Exercising create energy and improves your mood.
D. Exercising creates energy and improving your mood.

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from that of the other three in pronunciation in each of the following questions.

Question 28. A. collected

B. shared

C. played

D. listened

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.

Question 29. A. exchange

B. donate

C. homeless

D. affect

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 30. Linh _____ cycling around the neighborhood every morning as part of her daily routine to stay healthy.

- A. does
B. prepares
C. makes
D. goes

Question 31. You should _____ your hands frequently to avoid catching viruses.

- A. keep
B. wash
C. put
D. make

Question 32. Hoa is asking Quang about his study habits.

Hoa: "You always seem so focused and productive!" – Quang: "_____"

- A. Thank you! I study a little every day to learn better.
B. No, I don't like studying.
C. I think I'm very sleepy now.
D. I rarely finish my homework.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following question.

Question 33. Peter really needs to change his daily habits. He doesn't eat vegetables. He never does exercise, either.

- A. Peter doesn't eat vegetables but he does exercise.
B. Peter doesn't eat vegetables or do exercise.
C. Peter doesn't eat vegetables or does exercise.
D. Peter eats vegetables and does exercise.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following question.

Question 34. when / you / participate / volunteer event / to help the poor children /?

- A. When you did participate the volunteer event to help the poor children?
B. When you did participated in the volunteer event to help the poor children?
C. When did you participate in the volunteer event to help the poor children?
D. When did you participated in the volunteer event to help the poor children?

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from that of the other three in pronunciation in each of the following questions.

Question 35. A. surprise

B. turn

C. surf

D. hurt

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.

Question 36. A. natural

B. affection

C. surrounding

D. community

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 37. Students feel _____ and proud because they do good things for the community.

- A. useless
B. usefulness
C. use
D. useful

Question 38. John _____ the charity concert last weekend. Instead, he spent his time helping to clean the local library.

- A. didn't attend
B. doesn't attends
C. didn't attended
D. doesn't attend

Question 39. My younger brother often _____ chess with his classmates after school.

- A. played
B. plays
C. is playing
D. play

Read the following sign, then mark the letter A, B, C, or D on your answer sheet to indicate the correct answer of the following question.

Question 40. What does this sign mean?



- A. Only put your phone away during meetings.
B. Keep your phone silent but continue using it.
C. Use your phone secretly during work hours.
D. Do not use your phones during work hours.

PHIẾU TRẢ LỜI TRẮC NGHIỆM

Giám thị 1:
 Họ tên:

 Chữ ký:

Giám thị 2:
 Họ tên:

 Chữ ký:

1. Trường:

2. Họ tên:

3. Ngày sinh:

4. Lớp:

5. Môn thi:

6. Ngày thi:

7. Chữ ký:

8. Số báo danh

■

0 ○ ○ ○ ○ ○ ○ ○ ○

1 ○ ○ ○ ○ ○ ○ ○ ○

2 ○ ○ ○ ○ ○ ○ ○ ○

3 ○ ○ ○ ○ ○ ○ ○ ○

4 ○ ○ ○ ○ ○ ○ ○ ○

5 ○ ○ ○ ○ ○ ○ ○ ○

6 ○ ○ ○ ○ ○ ○ ○ ○

7 ○ ○ ○ ○ ○ ○ ○ ○

8 ○ ○ ○ ○ ○ ○ ○ ○

9 ○ ○ ○ ○ ○ ○ ○ ○

■

9. Mã đề thi

■

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1 ○ ○ ○ ○

2 ○ ○ ○ ○

3 ○ ○ ○ ○

4 ○ ○ ○ ○

5 ○ ○ ○ ○

6 ○ ○ ○ ○

7 ○ ○ ○ ○

8 ○ ○ ○ ○

9 ○ ○ ○ ○

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Điểm bài thi

Viết bằng số

Viết bằng chữ

Thí sinh lưu ý :

- Giữ cho phiếu phẳng, không bôi bẩn, tẩy xóa, nhàu nát, làm rách, ghi đè lên các ô Vuông đen để phần mềm chấm tự động
- Phải ghi đầy đủ các mục theo hướng dẫn.
- Dùng bút chì (hoặc bút tối màu), tô đậm, tô kín một ô tròn tương ứng với mã Đề thi, Số báo danh và Đáp án đúng cho từng câu trắc nghiệm.

Phản trả lời:

- Số thứ tự câu trả lời dưới đây ứng với thứ tự câu hỏi trắc nghiệm trong đề thi.
- Đối với mỗi câu trắc nghiệm, thí sinh tô đậm, tô kín một ô tròn tương ứng với phương án trả lời đúng.

<p>■</p> <p>1 (A) (B) (C) (D)</p> <p>2 (A) (B) (C) (D)</p> <p>3 (A) (B) (C) (D)</p> <p>4 (A) (B) (C) (D)</p> <p>5 (A) (B) (C) (D)</p> <p>6 (A) (B) (C) (D)</p> <p>7 (A) (B) (C) (D)</p> <p>8 (A) (B) (C) (D)</p> <p>9 (A) (B) (C) (D)</p> <p>10 (A) (B) (C) (D)</p> <p>11 (A) (B) (C) (D)</p> <p>12 (A) (B) (C) (D)</p> <p>13 (A) (B) (C) (D)</p> <p>14 (A) (B) (C) (D)</p> <p>15 (A) (B) (C) (D)</p> <p>16 (A) (B) (C) (D)</p> <p>17 (A) (B) (C) (D)</p> <p>■</p>	<p>■</p> <p>18 (A) (B) (C) (D)</p> <p>19 (A) (B) (C) (D)</p> <p>20 (A) (B) (C) (D)</p> <p>21 (A) (B) (C) (D)</p> <p>22 (A) (B) (C) (D)</p> <p>23 (A) (B) (C) (D)</p> <p>24 (A) (B) (C) (D)</p> <p>25 (A) (B) (C) (D)</p> <p>26 (A) (B) (C) (D)</p> <p>27 (A) (B) (C) (D)</p> <p>28 (A) (B) (C) (D)</p> <p>29 (A) (B) (C) (D)</p> <p>30 (A) (B) (C) (D)</p> <p>31 (A) (B) (C) (D)</p> <p>32 (A) (B) (C) (D)</p> <p>33 (A) (B) (C) (D)</p> <p>34 (A) (B) (C) (D)</p> <p>■</p>	<p>■</p> <p>35 (A) (B) (C) (D)</p> <p>36 (A) (B) (C) (D)</p> <p>37 (A) (B) (C) (D)</p> <p>38 (A) (B) (C) (D)</p> <p>39 (A) (B) (C) (D)</p> <p>40 (A) (B) (C) (D)</p> <p>■</p>
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Phiếu: A4-50-BGD