



ĐỀ KIỂM TRA GIỮA HỌC KỲ I  
NĂM HỌC 2024 - 2025  
MÔN: TIẾNG ANH 7

Thời gian làm bài: 60 phút  
(không kể thời gian phát đề)

Họ và tên: .....

(Đề thi có 04 trang)

Số báo danh: .....

Mã đề 701

*Listen to Fred talking to his friend, Lucy, about his photography course and mark the letter A, B, C, or D to indicate the correct answer to each of the following questions. You will listen TWICE.*

Question 1. Who is taking up a yoga course?

A. Fred

B. Lucy

C. Both of them

D. None of them

Question 2. Where does he/ she take yoga classes?

A. at West College

B. at North College

C. at East College

D. at Star College

Question 3. When does he/ she take the yoga classes?

A. on Fridays

B. on Thursdays

C. on Saturdays

D. on Sundays

Question 4. What time do the yoga classes begin?

A. 5.45 pm

B. 4.35 pm

C. 4.30 pm

D. 5.00 pm

Question 5. How much does Fred pay for his yoga course?

A. £150

B. £80

C. £115

D. £30

Question 6. Which of the following is true about Fred?

A. Fred's back and neck were painful.

B. Fred got a 13% discount because he's a student.

C. Fred is not familiar with stretches now.

D. Fred could lose weight after the course.

*Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.*

Having a hobby that we enjoy (7) \_\_\_\_\_. It gives us something fun to do during our leisure time and affords us the opportunity to learn new skills. We are very fortunate to have so many different options out there today. In fact, there are (8) \_\_\_\_\_.

(9) \_\_\_\_\_. The world is full of wonderful, exciting activities that we can explore and adopt as our own. Of course, all of us are unique and, therefore, our interests and hobbies vary. (10) \_\_\_\_\_ we become hooked. It becomes part of our lives and captivates us in a very personal way

A. The best way to cultivate a new hobby is to try something new

B. entire websites devoted to hobbies and interests

C. But once we find a hobby that we truly enjoy and are passionate about,

D. brings us joy and enriches our lives

Question 7. \_\_\_\_\_

Question 8. \_\_\_\_\_

Question 9. \_\_\_\_\_

Question 10. \_\_\_\_\_

*Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions below.*

THE IMPORTANCE OF WATER

Some doctors think that you should drink a glass of water each morning. You should drink this water before doing anything else. The temperature of the water should be **similar** to body temperature, neither too hot nor too cold.

Why should you drink this water? It helps clean out your kidneys. It prepares your stomach for digestion. Water can also help your intestines work better. After drinking water, the intestines can more easily take out nutrients from our food.

Scientists suggest that people take in 1,600 millilitres of water each day. But don't drink all of that water in one sitting. It's better to drink some in the morning and some in the afternoon. Some people think it's better to drink between meals and not during meals. They think water dilutes the juices produced in our stomachs.

Are you drinking **enough** water every day? Check the colour of your urine. If it is light yellow, you are probably drinking enough. If your urine is very dark yellow, you probably need to drink more water.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 35. Reading books is a great \_\_\_\_\_ to increase your knowledge.

A. action B. activity C. active D. actively

Question 36. You should drink plenty of water every day because it \_\_\_\_\_ your body hydrated.

A. provide B. makes C. get D. keeps

Question 37. My brother \_\_\_\_\_ his homework before dinner.

A. does always B. always does C. always is D. is always

Question 38. Mike and Thu are talking about health tips.

Mike: "What should I do to keep fit?" - Thu: " \_\_\_\_\_ "

A. I don't think such food and drinks are healthy.

B. Why don't you join us tonight?

C. Junk food and soft drinks are not good for our health.

D. You'd better have a healthy diet and do regular exercise.

Question 39. People can do many volunteering activities like \_\_\_\_\_ children from poor families in their neighbourhood.

A. talking

B. tutoring

Question 40. I have \_\_\_\_\_ on my face, so I use a special soap to help my skin.

A. acne B. runny nose C. lip balm D. playing

Question 41. She \_\_\_\_\_ swimming because it helps her relax.

A. enjoys B. enjoy C. enjoying D. enjoyed

Question 42. Last week, I \_\_\_\_\_ a salad for lunch every day to stay healthy.

A. eats B. eating C. ate D. eat

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 43. A. disease

B. coloured

C. healthy

D. sunburn

Question 44. A. arrival

B. engineer

C. mechanic

D. emotion

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 45. She practises the piano every day. She wants to become a professional musician.

A. All of the above are correct.

B. She practises the piano every day and aims to become a professional musician.

C. She wants to become a professional musician because she practises the piano every day.

D. By practising the piano every day, she hopes to become a professional musician.

Question 46. I prefer drinking green smoothies to sugary beverages.

A. Drinking sugary beverages is healthier than green smoothies.

B. I would rather have green smoothies than drinks high in sugar.

C. Sugary beverages are my first choice over green smoothies.

D. I enjoy sugary drinks more than green smoothies.

Write sentences based on the given words.

Question 47. Michael/ water/ plants/ his garden/ twice a day.

⇒ \_\_\_\_\_

Question 48. We/ take/ part/ a clean-up campaign/ last week.

⇒ \_\_\_\_\_

Rewrite each sentence so that the new sentence has a similar meaning to the original one, starting with the words given.

Question 49. Tom gained weight since he quit smoking.

⇒ Tom put \_\_\_\_\_

Question 50. It is not a good idea to skip your breakfast. (should)

⇒ You should \_\_\_\_\_

----- THE END -----







Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 11. A. mechanic B. arrival C. emotion D. engineer  
 Question 12. A. disease B. healthy C. sunburn D. coloured

Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions below.

### THE IMPORTANCE OF WATER

Some doctors think that you should drink a glass of water each morning. You should drink this water before doing anything else. The temperature of the water should be similar to body temperature, neither too hot nor too cold.

Why should you drink this water? It helps clean out your kidneys. It prepares your stomach for digestion. Water can also help your intestines work better. After drinking water, the intestines can more easily take out nutrients from our food.

Scientists suggest that people take in 1,600 millilitres of water each day. But don't drink all of that water in one sitting. It's better to drink some in the morning and some in the afternoon. Some people think it's better to drink between meals and not during meals. They think water dilutes the juices produced in our stomachs.

Are you drinking enough water every day? Check the colour of your urine. If it is light yellow, you are probably drinking enough. If your urine is very dark yellow, you probably need to drink more water.

Question 13. What could be the title for this reading?

- A. "Drink Water, Not Soft Drinks" B. "Drink Between Meals"  
 C. "Drink Enough Water" D. "Drink During Meals"

Question 14. Why is it helpful to drink water in the morning?

- A. Your intestines will work well. B. Your juices will be diluted.  
 C. Your kidneys will work harder. D. Your urine will be pale yellow.

Question 15. Which of the following is NOT mentioned as a benefit of drinking water in the morning?

- A. Improving digestive function B. Enhancing kidney health  
 C. Boosting skin complexion D. Increasing nutrient absorption

Question 16. Why is dark-coloured urine a sign to drink more water?

- A. It shows our body is healthy.  
 B. It means our kidneys are working too hard.  
 C. Less water makes the colour darker.  
 D. It is the same colour as our digestive juices.

Question 17. The word "similar" in the text is CLOSEST in meaning to \_\_\_\_.

- A. same B. related C. disliked D. unlike

Question 18. The word "enough" in the text is OPPOSITE in meaning to \_\_\_\_.

- A. suitable B. adequate C. insufficient D. unusual

Mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blank.

Many schools nowadays require their students to spend an amount of time (19) \_\_\_\_\_. Why? Because they hope those children will become caring people and see the value in giving their time and talents, and donating (20) \_\_\_\_\_ toys, clothes, or money. Volunteering gives children sense (21) \_\_\_\_\_ responsibility because many people are depending on them for food, clothes, or shelter. Volunteer work can also help children learn important lessons about themselves and about life. For example, community work can make them realise what (22) \_\_\_\_\_ at and what they enjoy doing most. Volunteer work can even (23) \_\_\_\_\_ what they want to do when they grow up. Finally, doing voluntary work can reduce stress and improve the children's mental health (24) \_\_\_\_\_ they might feel happier when they can bring happiness to other people. So what are you waiting for? Make a plan to start volunteer work today!

Question 19. A. to do service community B. doing service community

C. doing community service D. to do community service

Question 20. A. their B. them

C. they D. theirs

Question 21. A. in B. at

C. on D. of

Question 22. A. they are good at B. are they good for

C. are they good at D. they are good for

Question 23. A. helps children decide

B. help children decide

C. helps children deciding

D. help children deciding

A. so

C. because

D. however